# Global-leath AESTHETICS

THE LEADING AESTHETIC CLINICS IN ASIA-PACIFIC 2023

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#### September 7, 2024 Park Hyatt Hotel, Ho Chi Minh Vietnam

GlobalHealth Aesthetics Summit, Conference and Awards 2024 - an exclusive event dedicated to celebrating the dedication and brilliance of Aesthetic Doctors across the South Asia region.

Aesthetics and Aesthetic Medicine, are a pivotal segment of modern healthcare, devoted to elevating cosmetic appearance by addressing a myriad of conditions. With the growing public interest in aesthetic treatments, there has been an unprecedented surge in demand, fueling rapid growth and innovations within the Aesthetic industry.

The event promises to be a dynamic platform where distinguished professionals and experts in the field unite for networking, collaboration, and knowledge exchange.

For more information, please contact rhainna@ghapac.com



# AESTHETICS

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### Letter from the Publisher



n this issue we cover the 2023 GlobalHealth Asia-Pacific Aesthetic Awards, which took place at the Marriott Marquee hotel Bangkok on October 21st and saw a lively conference followed by the Awards ceremony.

Some of the key speakers were Dr Sylvia Ramirez, Medical & Scientific Director, Cutis Medical Laser Clinics; Dr Smith Arayaskul, Aesthetic Physician, Anti-Aging Specialist at Samitivej Sukhvimit Hospital and CEO & Founder at Smith Prive' Aesthetique; Dr Gokula Mohan, Chief Scientific Officer of Cell 101 International; Dr Usha Hoh, CEO & Senior Medical Director MX Clinic; Dr Ravi Shrestha, General Manager & Senior Director Global Healthcare IT at Canon Medical System Corp.; Dr Dilshaad Ali, Group CEO, Hoan My Medical Group, Pol.Capt.Dr.Phuwasit Teewaranurak, MD and CEO of Jintarak Plastic Surgery Center.

The evening started with Networking Cocktails and then the launch of the first issue of GlobalHealth Aesthetic magazine. We had the leading Aesthetic Doctors Dr Vicki Leung, Dr Usha Hoh, Dr Anna Hoo, Dr Komathy, and Nisa from SLC who joined me on the stage. The team had arranged a giant picture of the magazine on the screen and with lot of fanfare, we released the first issue of the magazine.

We were then treated to a very engaging talk by Dr Anna Hoo who took us through her life journey to where she is today as a leading Aesthetic and Lifestyle Doctor. Thank you Dr Anna.

Then it was what everyone was waiting for all day. The Awards! It was so joyful to see the happiness on the faces of all winners and we had arranged for interviews for Colors TV and the entire ceremony compacted into 30 minutes will be telecasted shortly on Colors TV all across Asia Pacific.

The evening ended with all heading to the Photo Booth for capturing their Glory in picture.

Indeed an memorable evening!

A quick word for the Myanmar and Cambodia Clinics. It was delightful to see leading Clinics from Myanmar & Cambodia and the enthusiasm and joy on their faces spread to the entire gathering and they I would comfortable say were the most photographed by our lensmen. We are looking forward to an even larger participation from Myanmar and Cambodia at our 2nd Aesthetic Awards on September 7th at the Park Hyatt Hotel in Ho Chi Minh.

Drishti Panjwani Publisher GlobalHealth Aesthetics drishti@ghapac.com



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## GlobalHealth Asia-Pacific Summit Conference & Awards 2024

3-5 May 2024

JW Marriott Resort & Spa Phuket, Thailand

WWW.GLOBALHEALTHASIAPACIFIC.COM



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### AESTHETICS CLINIC OF THE YEAR IN CAMBODIA THE ERA CLINIC

hen you're looking to reduce signs of aging and improve your quality of life with the help of aesthetic procedures, the clinic you choose matters significantly.

The aesthetics industry is bustling with countless clinics dotted throughout major cities but, unfortunately, the level of expertise required for performing aesthetics treatments such as Botox is low.

People looking for these treatments must always consider the quality being provided. In Cambodia, a country not previously known for its high-quality healthcare, you could say it matters even more.

That's why, at The Era Clinic, we take great pride in our work to provide international standard aesthetics, plastic surgery, and dermatology services to our local and visiting patients. We began this business to provide safe, reliable, stateof-the-art treatments to residents and visitors of Cambodia who are passionate about living their best life, and in only two years became the highest-rated clinic in the country.

Our bright team consists of qualified doctors providing professional quality to every patient who enters through our doors. We also stay ahead of other clinics in Cambodia by being the first to adopt advanced technology and products imported from reputable manufacturing countries such as Singapore, Germany, France, and the USA.

We are a conscious clinic with Cambodia in our hearts. That is why



Dr. Vortey Hak

we never offer adult services to young people below 21 years old. We believe it is our responsibility to draw that line and be a positive influence on the next generation.

We are thrilled to receive this Global Health award for Aesthetics Clinic of the Year in Cambodia. It inspires us to keep driving to our goal of raising the standard of healthcare services in Cambodia and encouraging more people from other parts of Southeast Asia and the world to visit our country.

Our first goal was to earn the trust

of Cambodia, as some Cambodian residents used to fly all the way to Singapore just for a simple acne treatment. Now, we're proud to say they can experience international quality in their home country. We wanted to be the best option for residents – not just tell them that we are. Accordingly, we recognize that everything is about proof.

This award proves to our team that we are making a difference and our work is being appreciated, and it helps us to get the word out that the quality of Cambodia's healthcare services is on the rise.

Our next ambition is to achieve recognition for territories outside of our country. To achieve that goal, we will need to earn the trust of many more people but we're passionate about continuing to better ourselves so we know we can do it. When that day comes, it will be a celebration for the country of Cambodia and its potential in the healthcare industry. We are incredibly grateful to Global Health for their fantastic work and a wonderful 2023 conference.



### **Aesthetics Services**

Are you looking for highquality aesthetic treatments in Cambodia? Whether you want to achieve a younger look, enhance your appearance, or simplify your personal care routine, we have the answer.

Dermatologically trained

Latest technology

Proud to be ethical

(+855) 098 424000
 facebook.com/eraclinickh/
 eraclinickh.com
 Koh Pich Island, Phnom Penh, Cambodia.

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The Era Clinic



### Transform Your Look, Elevate Your Confidence: La Belle Aesthetic Centre, Aesthetic dermatologist of the year 2023 in Cambodian

With many years of experience in the field, La Belle Aesthetic Centre, a clinic in Cambodia providing quality in both aesthetic dermatology and plastic surgery, is honored to be awarded Aesthetic Dermatologist of the Year.

This recognition highlights the extraordinary work of our co-founders, Dr. Khun Sopheavak Neary and Dr. Mam Kim Eng, who have dedicated themselves to providing the highest standards of expertise in aesthetic dermatology and plastic surgery.

Dr. Khun Sopheavak Neary is a highly accomplished medical professional. With a medical degree from an International University and a master's degree in cosmetic dermatology from Thammasat University in Bangkok, Thailand, Dr. Neary possesses a wealth of knowledge and expertise in the field. Additionally, she obtained a diploma in aesthetic dermatology from the American Academy of Aesthetic Dermatology, USA. Dr. Neary's commitment to delivering exceptional care and utilizing the latest advancements in cosmetic dermatology make her an invaluable asset to La Belle Aesthetic Center.

**Dr. Mam Kim Eng**, co-founder of La Belle Aesthetic Centre, spent 12 years studying to become a plastic surgeon and earned her board-certified specialization in plastic esthetic reconstructive surgery at the University of Health Sciences in Cambodia. She completed her residency of Plastic and Maxillo-Facial Surgery at Paul Sabatier University, Faculty of Medicine in France and continued her fellowship at Stanford University Hospital in the United States.



Aesthetic dermatologist of the year 2023 in Cambodian





At La Belle Aesthetic Center, we prioritize quality in every aspect of our practice. We use only authentic, high-quality products and state-of-the-art equipment to ensure the safety and satisfaction of our clients. As safety is our top priority, all procedures are performed by our specialist team, and all products and treatments have received FDA approval, which is dedicated to delivering natural-looking results to our customers.

Moreover, our clinic is well-known for its expertise in anti-aging treatments, including N-Age-Lock, stem cell therapy, Botox injection, dermal fillers, and laser therapy. In addition to anti-aging, we are also famous for rhinoplasty, blepharoplasty, and breast augmentation.

Contact us now to schedule your consultation and embark on your journey towards beauty and self-confidence. We believe that everyone deserves to look and feel their best. Our award-winning expertise in aesthetic dermatology and plastic surgery awaits you. Don't miss out on the opportunity to unlock your true beauty choose La Belle Aesthetic Center today!



#### La Belle Aesthetic Centre

Address: #3A, BoengKak2, Toul Kork, Phnom Penh, Cambodia. Tel: +855 93 999 863 Telegram: +855 93 999 863 Facebook Pages: La Belle Clinic, Dr. Neary S. Khun, Aesthetic Dermatologist

### Anti-Aging Clinic of the Year in Malaysia Dr Abby Clinic: Confidence Breeds Beauty

r. Abby Clinic is a renowned aesthetic clinic that stands at the forefront of the Malaysian medical aesthetic industry as a premium pioneer clinic. With a strong commitment to excellence and a proven track record of delivering outstanding results, Dr. Abby Clinic has earned its reputation as one of the best and most sought-after aesthetic clinics in Malaysia.

Led by the esteemed Dr. Abby Ousman M.D, a leading expert in aesthetic medicine, the clinic offers a comprehensive range of cutting-edge treatments and procedures designed to enhance and rejuvenate the appearance of their patients. Dr. Abby's extensive experience and expertise ensure that every treatment is tailored to meet the unique needs and desires of each individual client.



As a result-oriented clinic, Dr. Abby and her team prioritize achieving optimal outcomes for their patients. They employ the latest advancements in aesthetic technology and use only the highest quality products, ensuring that each procedure is carried out with precision and care.

The accolades earned by Dr. Abby Clinic speak for themselves, having been

recognized with prestigious awards for their exceptional service and outstanding patient care. These awards are a testament to the clinic's dedication to maintaining the highest standards of professionalism and excellence in the industry.

#### **Awards and Accolades**

- Harper's BAZAAR Aesthetics Awards 2023: Best Face Lifting Treatment - Ultherapy
- Harper's BAZAAR Clinical Aesthetics Awards 2019: Best Fine Lines & Scar Treatment - Dermapen 4 Microneedling
- Harper's BAZAAR Top 20 Bazaar Aesthetic Awards 2017: BTL Vanguish Me and Sublative Rejuvenation
- Voted Top 10 Aesthetic Clinic Malaysia by TallyPress.com
- · Ranked #4 in Best Aesthetic Clinic in Malaysia by Fun Empire
- Ranked #4 in Top 24 Aesthetic Clinics in Malaysia by Trusted Malaysia

Dr. Abby Clinic offers a comprehensive range of medical aesthetic services and consultations that cater to diverse individual needs and desires. With a commitment to enhancing your natural beauty and well-being, the clinic specializes in minimally invasive treatments, ensuring minimal discomfort and downtime.

Dr. Abby Clinic is your trusted destination for a wide array of aesthetic and medical services tailored to your unique needs. The clinic provides top to toe medical aesthetic, anti-aging and dermatology services which includes medical facials, face augmentation with dermal fillers and threadlifting, botulinum toxin A wrinkle relaxers injections, face-lifting procedures using the FDA approved Ultherapy





device, Venus Legacy Radiofrequency device, anti-wrinkle and skin rejuvenating injectable treatments such as Profhilo, Gouri, Bio stimulators such as Plinest Polynucleotides, Rejuran. The clinic further offers services such as permanent laser hair removal, slimming and body contouring treatments to sculpt your ideal physique, face & body scar and stretch mark removal. They also provide comprehensive consultation that effectively addresses issues such as uneven skin tone, pigmentary disorders and acne treatment for clearer, healthier skin. Other services include skin tags and mole removal, hair loss solutions, bio identical hormone therapy and anti-aging supplements for overall health and wellbeing.

In summary, Dr. Abby Clinic is a premium, result-oriented, and multiple award-winning licensed aesthetic clinic, spearheaded by Dr. Abby herself, whose expertise and dedication to excellence have earned her a prominent place in the field of aesthetic medicine. For those seeking top-tier aesthetic treatments and exceptional outcomes, Dr. Abby Clinic is the go-to destination.

#### **Dr Abby Clinic**

A1-01-07, Publika, Jln Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Opening Hours: Monday – Saturday | 10.00am – 6.30pm Landline number +603 - 6411 3160 Whatsapp number +6014 - 6696 772 Email: info.drabbyclinic@gmail.com Website: https://abclinic.com.my/





# ANTI AGING CLINIC OF THE YEAR IN MALAYSIA 2023

**Confidence Breeds Beauty** 

At Dr Abby Clinic, we are committed to delivering the most personalized resultsoriented medical aesthetic services to everyone and anyone who reaches out to us!

#### **OUR SERVICES**

#### 🛇 Ultherapy Face Lifting

- 📀 Dermal Fillers & BTA
- 📀 Acne & Scar Treatment
- Lasers & Pigmentation Treatment
- Hormone Therapy
- Gentle Yag Permanent Laser Hair Removal
- Sody Slimming & Contouring



Dr Abby Clinic A1-1-7, Publika, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

🌐 abclinic.com.my

+603 64113160 +6014 669 6772 Founder Dr Abrizah Ousman M.D Dip Derm, AAAM, LCP certified MALAYSIA

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- *i* Opening hours Monday - Saturday 10am to 7pm
  - info.drabbyclinic@ gmail.com

### DENTAL AESTHETIC CLINIC OF THE YEAR IN THAILAND SODENT DENTAL CLINIC

A smile wields immense power, shaping not just how you perceive yourself but also how others see you. It's a beacon of confidence, and aesthetic dentistry offers a gateway to embracing it through various transformative treatments. It's no longer sufficient to have a functional oral cavity; the aspiration now is for a flawless smile that harmonizes with your unique characteristics and personality.

### Get your Confident Smile with Sodent Dental Clinic

The treatment journey extends beyond the confines of the dental chair at Sodent. The interior design itself plays a pivotal role in cultivating an atmosphere that fosters ease, comfort, and a welcoming ambiance, thereby significantly alleviating patient anxiety. Furthermore, Sodent prioritizes service design, aiming for optimal patient experiences. For instance, from warmly welcoming patients at reception to offering comprehensive information and friendly guidance, every interaction is tailored to ensure a seamless and pleasant visit.

#### **Personalized Smile Makeovers**

Sodent Dental Clinic boasts a team of highly skilled specialists spanning various dental fields, such as Orthodontics, Invisalign, Veneers, Crown, Implants, Oral Surgery, Endodontic, and Pediatric Dentistry, offering personalized oral health care. However, Sodent focus on individual smile needs and patient



Sodent Dental Clinic's team

lifestyles. Their smile makeover program begins with a thorough assessment of the patient's oral health and facial aesthetics. Collaborating closely with patients, the dentist explores their goals and preferences, ensuring that the final outcome perfect with the patient's ideal smile. This tailored approach empowers patients to confidently display a unique and personalized smile that reflects their distinct personality and charm.

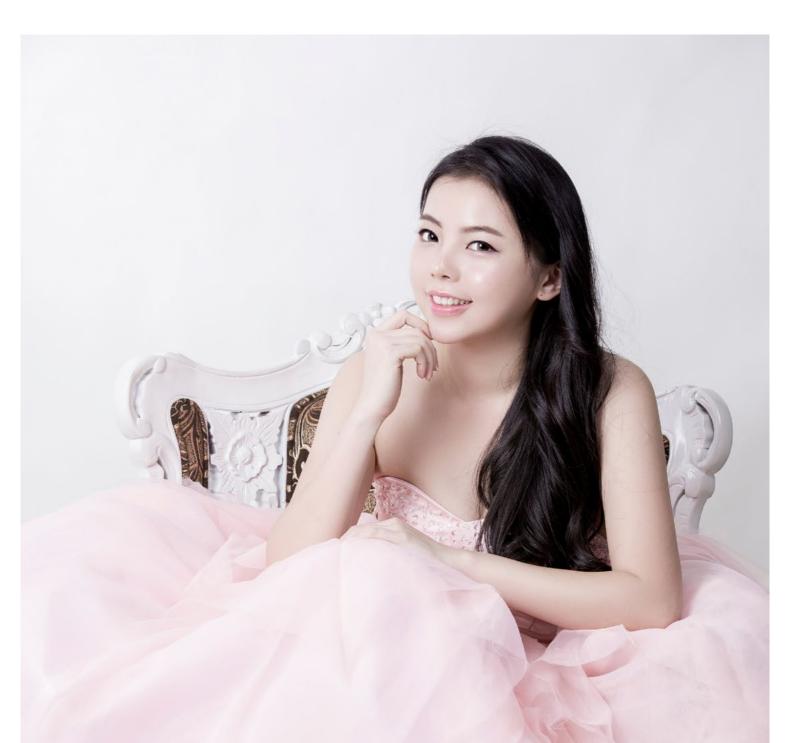
### Patient-Centric Approach and Success Stories

"The patient struggled with confidence, often concealing her smile due to severe issues like severe crowding teeth, protrusion, along with dental midline discrepancy. Additionally, the forward movement of the upper second premolar teeth posed challenges as they affected the positioning of the posterior teeth. Addressing these concerns, our task was to create space for retracting the posterior teeth and realigning them. To achieve this, we utilized mini screws for the controlled movement of both upper and lower teeth, aiming to correct lip protrusion that significantly influenced the patient's facial profile and, consequently, her confidence and overall well-being." - Dr. Namchok Promsopa,D.D.S. Executive Director of Sodent Dental Clinic.

"The patient is a famous news anchor who wants to increase his confidence while smiling for cameras and photo shoots. 10 ceramic veneers in upper anterior and premolar teeth for correct mildly worn-chipped and crooked teeth with a desire of having a naturally brighter tooth shade, improve shape and smile correction to help patient to smile confidently and naturally. However, the challenges is that 1. Receded gum on the top left area might lead to gum surgery for root coverage. Luckily during a full smile there is no gum line exposure, then asymmetrical length of teeth on both sides do not affect the esthetic concern. 2. Mildly rotated premolars on both sides showed an unpleasant front view of patient's smile. Carefully designed outline for ceramic veneers must be carried out for improving the front view of tooth shape and still being minimally invasive treatment that preserves the tooth structure". Dr. Suriyakul Wongsue, D.D.S., M.S.D. Specialized Dentist in Esthetic Restorative & Implant Dentistry DECEMBER 2023

# CREATING TIMELESS BEAUTY; AN ART BESPOKE TO YOUR VOICE

**REVIVAL MEDICAL CLINIC** 



Timeless Beauty

In the bustling world of aesthetic solutions, where trends often overshadow individual needs, Revival Medical Clinic stands as a sanctuary dedicated to personalized care and timeless beauty. At our clinic, we don't just offer treatments; we craft experiences tailored to your unique essence, embracing the belief that true beauty is a fusion of inner confidence and external radiance. In this article, we invite you to delve into the heart of our philosophy and understand why, at Revival, your voice truly matters in the pursuit of beauty and well-being.

#### **Embracing Beauty as a Lifestyle:**

At Revival Medical Clinic, we firmly believe that true beauty radiates from within. It's not just about appearances; it's about feeling confident and comfortable in your skin and body. We understand the intimate connection between looking good and feeling good, and our approach reflects this understanding. Beauty is not a singular concept; it's a multi-faceted jewel, and we are here to polish every facet.

### Meet the Visionaries Behind Revival Medical Clinic:

Our clinic is led by a team of exceptional medical professionals, each a visionary in their own right. Dr. Kavin Tan, the Medical Director and Founder of Revival Medical Clinic, brings a wealth of experience and expertise. Alongside him, Dr. Lynda Quah, the Managing Director and Aesthetic Doctor, and Dr. Tan Zi Wei, an Aesthetic Doctor, epitomize the perfect blend of clinical brilliance and ethical practice.

#### **Revival Facial Contouring**

Beauty is Crafted, not Duplicated. We believe everyone can be uniquelv outstanding in their own way. Therefore at our established certified clinic, we've an arsenal of tools ensuring that we tailor treatments to your specific needs. From renowned brands of Botulinum Toxin A and Hyaluronic acid fillers, to biostimulators such as Radiesse and thread lifts, and to energy based devices such as Ultherapy, Potenza and Elite IQ, we enhance your beautv with innovative natural combinations, targeting facial aging from inside out. With our expertise and state-ofthe-art technology, we are committed to help you achieve a refreshed, youthful, and naturally contoured experience.

#### **Revival Aesthetic Fitness:**

Sculpting Beauty, Empowering lives. We are the first aesthetic clinic in Southern Peninsular to introduce Revival Aesthetic comprehensive Fitness, body а transformation program focusing not only on just body sculpting and slimming but also achieving optimal body wellness and muscular functionality. Our signature combination treatment modules comprise of top notch aesthetic devices such as Coolsculpting, Emsculpt Neo, Emsella, Redustim, Ultherapy, Potenza and Venus Legacy – redefining the standards of body aesthetics and antiaging wellness.

Let your voice resonate with beauty, and allow Revival be the canvas upon which your crafted beauty comes true !

Revival Medical Clinic - Where Your Voice Meets Beauty.







#### **Our Services:**

CoolSculpting Ultherapy Emsculpt Neo Redustim 755 Picosure Laser Elite IQ Laser Emsella Potenza Thread Lift PRP Vaser Sculpting Sharplight Formax Plus (HR) Spectra Laser eCO2 Laser Venus Legacy Skinbooster Dermal Filler Botulinum Toxin A Chemical Peel SilkPeel Facial Hydrafacial

**30+** Premium Treatments **20K+** Satisfied Customers

15+



Years of Expertise Awards & Recognition

#### Contact Us:

Website : www.revival.com.my HP: 6016-772 3833 Tele: 607-557 8833 Address: No.8,Jalan Sutera Tanjung 8/3, Taman Sutera Utama, 81300 Skudai.



s today the cosmetic industry has changed to the whole new level, Nida Esth' Medical Centre - Global Award Winner in Aesthetic Treatments from HELLO Magazine, 168AsiaTopTen, Global Health Asia Pacific, etc.- is the only No.1 Beauty Destination in Asia Pacific among high-class elites, firstclass leaders and A-list celebrities

It is the first to develop and combine Premium World-class Advanced Laser Technologies from all over the world with a concept of 'Exclusive Personalized Beauty' to create 'a tailored-made treatment program' to suit each individual according to their aesthetic concerns, performed by by 'Dr.Sunida Yuthayotin, MD, MSc, a Dermatologist with American Board in Aesthetic Medicine.

Nida Esth' is also a pioneer in Asia Pacific who introduces the 'Arts of Cellular Surgery' by Dr. Piya Rungruxsiri, MD' or 'Dr. Piya' - a well-recognized board-certified plastic surgeon who integrates between 'Cosmetic surgery' & 'Advanced Laser Treatments' to aesthetically modify in the cellular levels to create a phenomenal results that no others can perform.

#### ADVANCED AESTHETIC LASER: LIFT AND LOCK

For two decades of determined efforts, I've brought national reputation to Thailand and considered as the 'HONORARY PEOPLE' by HELLO Magazine 2023 as the pioneer who successfully integrates the sciences of



Dr. Piya Rungruxsiri., MD

advanced technology to produce the one-of-a-kind and exclusive program which is 6D FaceLog LunchTime FaceLift - a combination of USFDA-approved Sofwave6D (Lifting Effects) and Fotona6D (Locking Effects), creating the most incredible 10-year-younger result immediately after only one treatment.

6D FaceLog: Lunchtime Facelift is used to create lifting effects for individuals suffering from the deflation effect where the facial appearance becomes hollow and sunken as well as creating locking effects for those who suffer from the descent effect where the facial tissue become droopy and fat bulges become more and more obvious as time goes by. That's why, I believe, it is recognized by Global Health in this year as awarded as the Global Health Aesthetic Award in 2023."

#### CELLULAR COSMETIC SURGERY: REDUCE AND FIRM

I have been considered as 'a True Master of Plastic Surgeon' who combines Sciences of Laser Technologies with the Arts of Cellular Surgery in treating my patients with tremendous successes and incredible results. Accepted by international institutes worldwide, I've innovated many treatment programs, but unlike anything else, the Ultimate Slim Melt by SlimLipo®: a highly advanced combination of Laser Technologies and Cellular Surgery for liposuction that can REDUCE fat in a cellular level and FIRM UP the skin at the same time thanks to a Dual Mode that can simultaneously tighten the skin and absorb oily fat, solving the issue of drooping skin that is typical when performed with the general liposuction.

One could say that the dedication and determination to seek the best in return for the trust given are the keys that earned Nida Esth' Medical Centre the prestigious award of 'The Most Trusted Cosmetic Surgery Centre & Leader in Aesthetic Laser Technology' from HELLO Beauty Award Editor Choice in 2022 and finally in this year as 'the Advanced Laser & Plastic Surgery Clinic of the Year in Asia Pacific' from Global Health Aesthetic.



### The New Advancement of Lifting Face & Locking Youth

6D FaceLog : Lunchtime Facelift is the true secret to youth with non-invasive approach that I have created based on my concerns about aging signs including droopy skin and sunken cheeks caused by descent and deflation effects.

It is a non-invasive facial filling program with 6 Dimensional





Inside-Out Therapy combined with SuperbTM Technology. it is the most cutting-edge lifting technologies of

the year 2022 authorized by the US FDA that helps end all of skin problems from inside to outside with no pain, no surgery, no downtime and no filler injection.

### Reduce Fat in Cellular Level with Firming Effects

Slim Melt by Slim Lipo<sup>®</sup> is a revolution in liposuction industry as it combines laser technology with liposuction techniques. It has gained the acceptance of surgeons in around the world including in Asia, Europe and the US as well as Global Health Asia Pacific as a technology that can directly melt fat into oil like melted ice-cream with a 0.3 mm. Fiber Optic laser tip which then can eliminate fat more than any other liposuction methods, plus leading to small wounds and also has flexibility properties.



Importantly, the feature of Slim Melt is a Dual Mode that can simultaneously tighten the skin and absorb oily fat, solving the issue of drooping skin that is typical when performed with the general liposuction.

# BREAST AUGMENTATION CLINIC OF THE YEAR IN ASIA-PACIFIC

#### Asia Cosmetic Hospital Thailand: Your Path to Beauty

Get ready for a journey of transformation and beauty, where your dream of becoming a more confident, radiant you can come true. Asia Cosmetic Hospital Thailand, a symbol of excellence, has earned the prestigious Global Health Awards 2023 as the 'Breast Augmentation Clinic Provider of the Year' in Asia-Pacific. This award showcases their unwavering dedication to improving lives through top-notch breast augmentation procedures.

#### Your Reliable Companion on the Beauty Adventure

Nestled in the bustling heart of Bangkok, Asia Cosmetic Hospital Thailand stands as the ultimate destination for those who want to boost their natural beauty and self-confidence through high-quality and cost-effective procedures. When you choose Asia Cosmetic Hospital Thailand, you're not just picking a hospital; you're choosing a partner for your journey toward beauty and self-assurance.

### Raising Healthcare to the Highest Standards

At Asia Cosmetic Hospital Thailand, they take great pride in meeting the strict standards set by the Joint Commission International (JCI). This commitment ensures that every patient experiences world-class healthcare with a focus on safety and impeccable hygiene. Your well-being is their top priority, evident in every aspect of their service.



Ms. Wandee Panyavirunroj

#### Meet the Transformation Expert

Dr. Tanongsak Panyawirunroj, a renowned cosmetic surgeon with over 15 years of experience and an impressive track record of over 10,000 successful cases, is your dedicated expert. His mission is simple: ensuring your safety and satisfaction. Dr. Tanongsak's skills extend to a variety of cosmetic procedures, including the star of the show, breast augmentation. When in his capable hands, your dream of transformation is in safe hands.

#### A World of Beauty Awaits

Asia Cosmetic Hospital Thailand isn't limited to breast augmentation; they offer a wide range of cosmetic procedures. Each procedure is carefully tailored to meet your unique needs, ensuring that the results are not only stunning but also authentic. This comprehensive approach ensures you can evolve into the best version of yourself, confident and empowered.

#### The Art of Breast Augmentation

When it comes to breast augmentation, Asia Cosmetic Hospital Thailand excels. They use cutting-edge technology and a team of skilled surgeons who are true artists, creating the canvas for your desired breast size and shape. This is more than a procedure; it's the art of transformation. Your journey to selfassurance begins here, with a promise of safety, efficiency, and unmatched artistry.

#### In a Nutshell

Asia Cosmetic Hospital Thailand's recent recognition as the 'Breast Augmentation Clinic Provider of the Year' in the Asia-Pacific region highlights their steadfast commitment to delivering top-quality cosmetic and plastic surgery services. Whether you're considering breast augmentation or other enhancements, they are your unwavering partner, dedicated to enhancing your natural beauty and self-confidence.

This recognition isn't just a feather in their cap; it's a milestone for Thailand as it gains recognition as a global medical tourism hub. Asia Cosmetic Hospital Thailand leads the way, offering a personalized approach that caters to the unique needs of each patient. With a commitment to healthcare standards, the expertise of Dr. Tanongsak Panyawirunroj, and a wide range of cosmetic procedures, the hospital remains the top choice for those looking to fulfill their beauty dreams. Your journey begins here – at Asia Cosmetic Hospital Thailand.





### Breast Augmentation Clinic of the Year in Asia Pacific

**Our Service** 



- Breast Augmentation
- Liposuction
- Tummy Tuck
- Buttock Augmentation
- Hip Enhancement
- Sex Reassignment Surgery (SRS)

- Facial Reconstraction
- Cheekbone Reduction
- Jaw Angle Reduction
- V-Line Surgery
- Rhinoplasty
- Revised Rhinoplasty
- Chin Surgery
- Lips Surgery
- Eye Lid Surgery
- Face Lift



### SLC takes a different perspective, unleashing a strategy to dominate ASEAN, leading Thai doctors to claim victory in the APAC for three consecutive years.

The market for cosmetic surgery and beauty care intensifies each year. Following the significant growth of the beauty market post-COVID-19, where the market value soared, over 4,000 brands fiercely compete to dominate the market. This competitive landscape poses a significant challenge where SLC endeavors to evolve its strengths, striving to become the ultimate version for customers. Simultaneously, they strategically block any vulnerabilities from external pressures, ensuring the sustainability, value, and promises of SLC resonate within the customers' hearts. This core philosophy is what enables SLC to maintain its position as the top-ranked brand in Thailand for 2023 in the Surgerv and Beauty Clinic category, recognized by Marketeer comprehensive national survey. Moreover, SLC has consecutively won two prestigious Global Health and Aesthetic Awards for three consecutive years, despite economic challenges over the past few years.

The Body Reshaping Clinic of the Year in Asia Pacific Award acknowledges SLC's pioneering innovations in body care. Over the past 18 years, SLC has actively pursued new and efficient innovations to comprehensively meet and satisfy clients' needs. A prominent example is the 15 Minutes Balloon™, a non-anesthetic weight loss innovation through balloon swallowing. This process makes it convenient for clients to swallow balloon capsules, similar to taking vitamins. It requires no surgery, no anesthetic intake, no refilling of the balloon, and ensures comfort while the balloon resides in the stomach. Furthermore, SLC has introduced non-surgical fat reduction innovations that are more time-efficient and comfortable than previous methods. These include

- Coolsculpting Elite, a cutting-edge technology utilizing cold applicators with dual heads in a single machine for faster and more effective fat elimination.
- truSculpt<sup>®</sup> iD, which efficiently dissolves fat and tightens skin in just 15 minutes per area.
- Morpheus 8, an SLC Signature Technique in skin tightening, utilizes precise energy settings by the SLC medical team to accurately firm sagging skin without surgical intervention, delivering optimal results.

The Dermatology Specialist of the Year in Thailand award celebrates SLC as a forefront leader in skincare and beauty medicine. SLC boasts a comprehensive range of innovations, notably Radiesse, a complete five-point skin revitalization technology. Radiesse stimulates collagen, elastin, nourishes the skin, and instantly augments volume using the densely packed CaHA within it. This addresses concerns faced by individuals with sagging, tired, and aged skin due to the reduction of baby fat and collagen associated with aging. Additionally, SLC excels in non-invasive skin tightening technologies like Ultherapy, with high service utilization rates across the Asian facelift market.

Over the past 18 years, SLC has turned every obstacle into a driving force, propelling itself forward with strength, and has grown with a more solid foundation across its 23 branches. Looking ahead, SLC is poised to continuously expand by establishing new branches, aiming to reach every corner of Thailand to cater to the needs of its clients.

#### Over the past 18 years, SLC has turned every obstacle into a driving force, propelling itself forward with strength, and has grown with a more solid foundation across its 23 branches



### Lifting & Tightening

**Collagen Biostimulator** 



Ultherapy thermage WORPHEUSS ULTRAFORMER PICOPIUS SYLFIRMX Genteria Quivéderm Retylante BELOTERO Dysport TESLA Former truSculpt D Allurion Bioflirt sculptra \* coolsculpting ELITE RADIESSE endotine Vaser renuition JOY EMFACE\*



### ANTI-AGING CLINIC OF THE YEAR IN THAILAND REVIVAL CLINIC BANGKOK

#### Unlocking the Power of Stem Cells: Quality and Safety at Revival Clinic Bangkok

In the world of regenerative medicine, Revival Clinic Bangkok stands as a beacon of hope, harnessing the extraordinary potential of stem cell therapy. Our unwavering commitment to safety and quality underpins every aspect of our practice, ensuring effective and reliable medical treatments.

#### A Quest for Excellence: Xeno-Free Culture

Our journey towards excellence extends to every facet of stem cell therapy. To prevent any risks of animal-related contamination, we employ the Xenofree culture method, guaranteeing the untainted nature of our stem cells. This stringent process adheres to the highest standards of quality and safety.

#### Fresh is Best: The Superior Choice

In the world of stem cell harvesting, we believe that fresh is indeed superior to cryopreserved (frozen) cord tissue. The decision to use fresh cord tissue is a well-informed one, backed by scientific research. Frozen cord tissue often yields lower cell counts, exhibits poor cell recovery rates, and displays slower growth characteristics. Our exclusive use of fresh cord tissue ensures that our stem cells possess the utmost potency and effectiveness.

#### **Attention to Detail**

Our commitment to quality extends far



**George Morgan** 

beyond the choice of tissue. We delve into the scientific intricacies of stem cell therapy, focusing on the fine details that maximize their effectiveness and safety. The use of phenol red-free culture media promotes better cell viability and reduces the risk of contamination in cultures. We believe in quality over quantity, emphasizing the importance of quality in your well-being.

#### **Ensuring Excellence: COA Authenticity**

We guarantee excellence by providing a certification of analysis before your infusion. This commitment to transparency and quality ensures that you receive the highest quality of stem cells.

Prioritizing Your Well-being: Viability Testing and Pathogen Screening The physical and physiological health of the cells are of paramount importance. We conduct viability testing to guarantee that you receive the dosage you have paid for, ensuring that you experience the full potential of stem cell therapy. Additionally, pathogen screening is meticulously carried out, and reports are provided to ensure that there are no infectious risks involved.

#### Genuine Purity: Stem Cell Marker Verification and Non-Invasive Harvesting

To further enhance your safety and the authenticity of the stem cells, we utilize flow cytometry for stem cell marker verification. This process ensures that you receive genuine purified stem cells. We also opt for non-invasive harvesting, selecting only cesarean section deliveries to eliminate any potential for contamination during the harvesting process.

#### Revival Clinic Bangkok: Your Destination for Quality Stem Cell Therapy

In conclusion, Revival Clinic Bangkok is a commitment to your safety, wellbeing, and quality care. Our journey is built on a foundation of quality, safety, and a relentless pursuit of excellence. When you choose Revival Clinic, you're choosing the best in stem cell therapy, ensuring that you receive nothing but the highest quality in regenerative medicine. Your well-being is our utmost priority, and we leave no stone unturned in our quest to provide the finest care.



### Asia. Care. Innovation.

Asia's first quality improvement body to provide accreditation services for hospitals, specialist clinics, and centres of excellence, setting impeccable standards of care in the region with a strong digital and innovative practices.

#### GHQIA **Quality Improvement Programs**



#### **Hospital Accreditation**

GHQIA provides hospitals access to the well- established standards of ACHS International, with notable added advantages to the accreditation process:

- Assignment of a local partner who can offer accurate, localised feedback and continuous guidance.
- Option to conduct regular mock assessments and readiness diagnostics of processes, procedures, and outcomes to gear up for the actual audit.
- Overall cost-effectiveness through a localised engagement structure.



#### **CoE Accreditation**

The Centre of Excellence (CoE) Accreditation is a first-to-market initiative allowing GHQIA members to undertake accreditation in niche areas of clinical expertise.

GHQIA will apply the ACHS International standards in a focused manner, conducting a deep-dive assessment of the organisation on those selected fronts

As part of the excellence requirements and to ensure standout achievements in the identified specialty, the organisation is required to participate in the ACHS International Clinical Indicator Program (CIP) to benchmark themselves against best- in-class providers and strive for continuous improvements during the time they are accredited.



#### **Clinic Accreditation**

With specialist clinics taking on an increasingly critical role in the patient journey, the accreditation serves as a tool to help clinics communicate their commitment to care excellence and differentiate themselves in a saturated market.

Through the accreditation program, members can tap on the expertise of industry experts for advice and guidance on all aspects of clinical operations, including digital health adoption and other innovative healthcare practices.

The GHQIA member network also offers a platform to facilitate knowledge and best practice sharing amongst fellow providers. opening doors to potential creative collaborations.

### Who Should Get Accredited?

Hospitals, Medical Centres, Centres of Excellence, Day Surgery Centres, Chronic Care Facilities, Alternative Care, Imaging and Radiology, Diagnostics and Laboratory, and Specialist Clinics across all spectrums of medical care:

Aesthetics | Dentistry | Cardiology | ENT | Fertility and IVF | OB-GYN | Gastroenterology | Neurology | Oncology | Ophthalmology | Orthopedics | Psychiatrist | Urology ... and more















and



Hospitals

Medical Centres

CoE

Specialist Clinics

Dav Surgerv Centres

Chronic Care Facilities

Alternative Imaging Care Radiology

Diagnostic and Laboratory

#### www.ghqia.com



### COSMETIC AND PLASTIC SURGERY PROVIDER OF THE YEAR IN ASIA-PACIFIC APEX MEDICAL CENTER

Surgery destination. Nestled in the vibrant city smile of Bangkok, Thailand.

Our center provides the highest standard of treatment that the medical profession can offer. We perform the most up to date comprehensive range of state-of-the-art cosmetic surgery and Plastic Surgery procedures and Wellness services to help you achieve and exceed your aesthetic goals.

#### **Our Surgeon**

Dr. Somboon Waiprib, M.D., Cosmetic Plastic Surgery, Apex Medical Center.

"A Plastic Surgeon is like a tailor. Beauty with a natural-looking result is every patient's desire. I believe that aesthetic and reconstructive medicine is a key part of total wellness."

Dr. Somboon Waiprib has dedicated himself to providing superior patient care through technical expertise to help men and women attain their cosmetic goals and dreams through state-ofthe-art plastic surgery for more than 15 years. Dr. Somboon Waiprib is a plastic surgeon, board certified by the Thai Board of Plastic Surgery. He received his M.D. from Ramathibodi Hospital, Mahidol University. Dr. Somboon has extensive training and practice in Special Clinical Trainings: Laser & Cosmetic Surgery, Boston University, USA. He completed his Professional Experience Fellowships for Craniofacial Surgery in Taipei, Taiwan and studied techniques for Open



Dr. Somboon Waiprib

Rhinoplasty in South Korea.

Utilizing his extensive training and skills he's acquired through his comprehensive practice experience, Dr. Somboon provides the highest quality surgical care for his patients, with meticulous personalized consultations, where he develops a detailed bespoke customized plan, using the newest surgical techniques and the latest technology to help patients achieve their aesthetic goals.

#### **Comprehensive Cosmetic Solutions:**

Apex Medical Center takes pride in offering a comprehensive array of cosmetic solutions tailored to your unique desires. From facial rejuvenation and breast augmentation to body contouring, our range of procedures is designed to address diverse aesthetic goals. Your vision for beauty meets its match at Apex.

#### Holistic Approach to Beauty:

More than just surgery, Apex Medical Center embraces a holistic approach to beauty. We understand that true radiance comes from within. Complementary to our surgical expertise, our cosmetic center integrates wellness programs and postsurgery support to enhance not just your appearance but also your overall sense of well-being.

#### **Personalized Consultations:**

Your vision for beauty is unique, and so is your journey at Apex. Our personalized consultations with experienced cosmetic surgeons ensure that your expectations are understood and met. We prioritize open communication, transparency, and collaboration to tailor each procedure to your individual needs.

Embark on a transformative journey of beauty and self-discovery with Apex Medical Center – where expertise meets artistry, and your vision of beauty becomes reality. Discover the best in cosmetic surgery in Thailand, exclusively at Apex Medical Center. Your beauty, our mastery.



Dr. Somboon Waiprib, M.D., Cosmetic Plastic Surgery, Apex Medical Center.

APEX

### APEX MEDICAL CENTER Provides state-of-the-art Cosmetic Surgery Service.



2022

2019

2018

**Our specialties include:** 

Face Lift Surgery, Endotine Eyebrow Lift, Blepharoplasty, Rhinoplasty- Augmentation Breast Augmentation, Breast Lift, Breast Reduction, Chin Augmentation Facial Contour, Body Contour, Liposuction, Tummy Tuck, Gynecomastia, J Plasma etc.

> If you are looking for the best result cosmetic surgery in Thailand +66 85 000 2001

X International-services@apexmedicalcenter.co.th



## COMPREHENSIVE WOMEN WELLNESS CLINIC OF THE YEAR IN ASIA-PACIFIC

**DÈ LIVING CLINIC** 

#### Unveiling Elegance: Dè Living Clinic Redefines Aesthetic Wellness

In the heart of urban sophistication lies Dè Living Clinic, a sanctuary where artistry meets science, reshaping the canvas of beauty and wellness. As the sun sets over the cityscape, this avant-garde establishment illuminates the world of aesthetics, offering an unparalleled experience that transcends traditional norms.

#### A Symphony of Expertise:

Dè Living Clinic is more than just a clinic; it is a symphony of expertise orchestrated by a team of seasoned professionals at the forefront of the aesthetic industry. From renowned dermatologists to skilled aestheticians, each member of the Dè Living family brings a wealth of knowledge and a commitment to enhancing natural beauty with precision and artistry.

#### Cutting-Edge Technology:

At the core of Dè Living Clinic's success is its relentless pursuit of innovation. Equipped with state-of-theart technology, the clinic utilizes the latest advancements in medical aesthetics to provide clients with personalized and effective treatments. From noninvasive procedures that defy aging to transformative interventions, Dè Living Clinic ensures that every client's unique needs are met with the highest standards of care.

#### **Tailored Elegance:**

What sets Dè Living Clinic apart is



Dato Sri Dr. Santhosh Satha and Datin Sri Alice Jebakani

its dedication to tailored elegance. Recognizing that beauty is subjective and individualistic, the clinic takes a bespoke approach to every client's journey. Whether it's a subtle enhancement or a dramatic transformation, Dè Living Clinic collaborates closely with clients to understand their desires, ensuring that the results are a reflection of their unique beauty and personality.

#### **Aesthetic Sanctuary:**

Step into the world of Dè Living Clinic, and you enter a realm of tranquillity and refinement. The clinic's interior, designed with a minimalist yet luxurious aesthetic, creates an ambiance that soothes the senses and sets the stage for an unparalleled experience. The commitment to excellence is not only reflected in the treatments but also in the environment, ensuring that every visit is a harmonious blend of relaxation and rejuvenation.

#### **Holistic Wellness:**

Beyond the pursuit of external beauty, Dè Living Clinic places a significant emphasis on holistic wellness. The clinic offers a range of wellness services designed to nurture the mind, body, and soul. From nutritional counselling to mindfulness programs, clients are encouraged to embrace a comprehensive approach to wellbeing that extends beyond aesthetic enhancements.

#### A Legacy of Beauty:

As Dè Living Clinic continues to redefine the standards of aesthetic perfection, it leaves an indelible mark on the legacy of beauty. With a commitment to excellence, personalized care, and a vision that transcends conventional norms, Dè Living Clinic stands as a beacon of elegance in the world of aesthetics—a testament to the artistry that resides within every individual.

In a world where beauty is an everevolving expression, Dè Living Clinic remains steadfast in its mission to empower individuals to embrace their unique beauty confidently. Step into Dè Living Clinic, where the journey to aesthetic perfection is not just a treatment—it's a transformative experience.

# **Beauty Beyond Limits**

Unveiling Timeless Beauty Through Exceptional Facial Treatments



Dè LIVING CLINIC.CENTER WHERE HEALING BEGINS

# "Mona Al Zarooni," Is this it! Women in their 70s



"Mona Al Zarooni," at the age of 70, is a woman who has delved into her history. Known as the "Princess of the desert," she is a prominent figure in Dubai, rising from various challenges to become a fairy tale-like character. Originally named Piyada Chanon, a Thai woman of Chinese descent, she grew up in a warm family and fell in love with a young Dubai tycoon, Ahmednu Al Zarouni. Despite societal challenges, she earned acceptance from her husband's family and continued to develop herself in areas such as diet, health, lifestyle, and beauty, becoming a reputable celebrity known for self-care at the age of 70.

In her beauty journey at 70, Mona decided to undergo various cosmetic procedures to address aging concerns. She focused on facial lifting, neck tightening, forehead lifting, eyebrow and eyelid adjustments, lower eyelid surgery, and the injection of fillers and fat grafting to enhance her cheeks. Additionally, she opted for nose surgery, using the Closed technique, and received injections like Baby



Before

Skin Booster™, Sculptra® for collagen stimulation on her face, neck, and hands. She prepared extensively for her return to Thailand for surgery, aiming for a comprehensive transformation.

Mona chose to have surgery in Thailand due to comfort and ease of communication, ensuring a thorough understanding of the procedures. She particularly valued the 5-year research and information gathering before deciding on SLC Hospital. Mona emphasized the importance of meeting international standards, especially regarding the administration of anesthesia, prioritizing safety in her advanced age. With close supervision from specialized medical professionals, she felt secure and confident throughout the process.

Having made all preparations, Mona returned to Thailand for her surgery, expressing trust in SLC Hospital for its completeness and international certification from AACI, ensuring both quality and safety. She concluded, "If it wasn't good and safe to entrust my life to, Mona wouldn't choose SLC."



After

Known as the "Princess of the desert," she is a prominent figure in Dubai, rising from various challenges to become a fairy tale-like character. Clinic & Hospital

9

# Stop the Cycle of Sagging Belly and Stretch Marks





CUT

THE

FAT

renuition VelaShape" cooltech \* coolsculpting ELITE truSculpt iD (CRISTALPRO)



# FACE LIFTING SURGERY CLINIC OF THE YEAR IN ASIA-PACIFIC

#### Asia Cosmetic Hospital Thailand: Your Path to Timeless Beauty

Asia Cosmetic Hospital Thailand is celebrating a remarkable achievement as they proudly claim the prestigious title of "Face Lifting Surgery Clinic Provider of the Year" in the Asia-Pacific region at the Global Health Awards 2023. This significant recognition solidifies the hospital's unwavering commitment to delivering top-tier cosmetic and aesthetic surgery, establishing it as a leading healthcare provider in the region.

### Your Trusted Partner for Cosmetic Surgery in Thailand

Located in the bustling heart of Bangkok, Asia Cosmetic Hospital Thailand stands as a renowned center for cosmetic and plastic surgery. Offering a blend of affordability and top-quality procedures, it opens the door to a more confident and beautiful you. When you choose this hospital, you're not just making a decision; you're embarking on a transformative journey to realize your beauty goals.

#### Exceeding International Standards

One of Asia Cosmetic Hospital Thailand's standout features is its steadfast dedication to upholding the exacting standards set by the Joint Commission International (JCI). This commitment ensures the highest levels of safety and hygiene for every patient. This commitment has earned the hospital the prestigious title of "Face Lifting Surgery Clinic Provider of the Year." Your



Dr. Sirinthip Jira-Adisai

well-being is their top priority, and this commitment shines through in every aspect of their service.

#### **Skilled Surgeons and a Dedicated Team**

Leading the charge at the hospital is Dr. Tanongsak Panyawirunroj, a highly experienced surgeon with over 15 years in the field. With expertise drawn from more than 10,000 cases, Dr. Tanongsak ensures that every patient receives specialized and secure care. Regardless of the procedure you're considering, whether it's a rhinoplasty, breast augmentation, or any other, patient satisfaction and safety are their utmost concern. You're in the best of hands.

#### A Comprehensive Range of Procedures

Asia Cosmetic Hospital Thailand is not limited to just cosmetic surgery; they offer an extensive array of procedures, from facelifts to brow lifts. Each procedure is meticulously tailored to meet individual needs, with a focus on helping you achieve results that enhance your natural beauty while making you feel authentically yourself.

#### The Art of Face Lift Surgery

At Asia Cosmetic Hospital Thailand, they excel at addressing concerns related to facial aging. They employ advanced technology and skilled surgeons to ensure that your journey, whether you're seeking a complete facelift, a brow lift, or a neck lift, leads to you looking and feeling your best.

#### In Conclusion

Asia Cosmetic Hospital Thailand's triumph at the Global Health Awards 2023 underscores their unwavering commitment to delivering top-notch cosmetic and plastic surgery services. With JCI standards as their guiding benchmark for quality and a renowned surgeon leading the way, the hospital stands as your trusted destination for enhancing your natural beauty. This recognition not only validates Thailand's growing prominence as a medical tourism hub but also underscores the pivotal role played by Asia Cosmetic Hospital Thailand in shaping its reputation. Your journey to timeless beauty begins here.

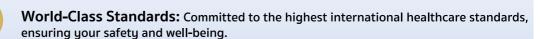
Face Lifting Surgery Clinic of the Year in Asia Pacific รงพยาบาลเอเชีย SIA HOSPITAI

# Discover Your True Beauty at Asia Cosmetic Hospital Thailand

Are you ready to embark on a journey to enhance your natural beauty and confidence? Look no further than Asia Cosmetic Hospital Thailand, your trusted partner for cosmetic and plastic surgery.

# Why Choose Asia Cosmetic Hospital?

**Award-Winning Excellence:** Winner of the Global Health Awards 2023 for Breast Augmentation and Face Lifting Clinic Provider of the Year in Asia-Pacific.



**Renowned Surgeon:** Dr. Thanongsak Panyawirunroj, with over 15 years of experience and expertise in over 10,000 cases, prioritizes your satisfaction and safety.



**(** 

AESTHETICS

ineless

**Comprehensive Procedures:** From breast augmentation to facelifts, we offer a wide range of cosmetic enhancements tailored to your unique needs.



**Natural and Beautiful Results:** Our skilled surgeons and cutting-edge technology ensure you achieve the look you desire.

# FACE CONTOURING CLINIC OF THE YEAR IN THAILAND THE METRO CLINIC

### The Metro Clinic - How a successful story began...

The Metro Clinic's story began when its founder Renaud d'Hercourt realised that aesthetic patients who travel to Thailand from all corners of the world were often looking for a clinic that offers highly personalised service spanning top quality treatments at competitive price points, and an all-round bespoke experience that includes post-treatment aftercare and advice.

d'Hercourt, a French national, has a deep understanding of what all of this entails, having worked in luxury hotels ranging from Paris' Le Meurice to the Four Seasons Hotel, George V. He also spent the best part of two decades as part of the late fashion designer Kenzo Takada's household team, assisting the designer to manage his residences around the world.

Since moving to Bangkok almost two decades ago, d'Hercourt has collaborated with the best aesthetic doctors to offer personalised assistance and advice to aesthetic patients. d'Hercourt and his medical team at The Metro Clinic have emerged from the challenges that the COVID pandemic presented with renewed confidence. The Metro Clinic, which opened in 2022 with its location at one of the most iconic buildings in the Thai capital, Park Ventures Ecoplex, met with success right from the beginning. This is greatly due in part to the team's hard work and excellent reviews from existing patients accumulated over the years.



Mr. Renaud d'Hercourt

The Metro Clinic offers patients treatments from a selection of world class products and advanced technology that when matched with our doctors' expertise result in addressing each patient's concerns effectively. The reason: when performed with skill and precision, aesthetic medicine procedures are elevated to art forms that reflect both outer and inner beauty.

At The Metro Clinic, it is our privilege to pursue beauty in all expressions, through both people and art. This is reflected in our unstinting dedication towards patients' needs and aesthetic goals. This philosophy is evident from our clinic's chic and minimalist interiors, designed to replicate the space of a contemporary art gallery, to our team of doctors and their unique approaches taken to achieve each patient's aesthetic goals. At The Metro Clinic we listen to the aesthetic needs and aspirations of each patient. Not only do we endeavour to meet these requirements; we often surpass them.

The clinic's interiors with its wellconsidered lighting and revolving roster of works from the region's leading artists, are designed to promote a sense of calm and well-being; a luxurious cocoon in which our clients are welcomed and nurtured, reemerging inspired and rejuvenated.

We liken our patients to artworks that our specialist aesthetic physicians work on and hone as perfectly as possible. As such, we have designed The Metro Clinic as an elegant intersection of aesthetic medicine and fine art worlds.

At The Metro Clinic, we offer our patients bespoke experiences and results, derived from expert medical expertise and appreciation of what is truly beautiful.

### ADDING THE FRENCH TOUCH TO BEAUTY DESIGN IN THAILAND



THE METRO CLINIC

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- Venus Viva
- Cells Therapy
- Free Consultation

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www.metrobeautycenters.com

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# **Setting the bar for excellence**

With a focus on setting world-class standards in the aesthetic industry, GLOJAS leads the way in exceptional results and innovation

GLOJAS has gained global recognition for consistently delivering exceptional results that meet international standards. This achievement is made possible by our highly qualified medical professionals and our commitment to cutting-edge technology and techniques that adhere to stringent regulatory guidelines and global medical standards. As a testament to our growth and success, GLOJAS has expanded over the years and is now making its mark on the international stage.



The founder of GLOJAS, Professor Dato' Dr. JasG, is renowned for his expertise in the hair transplant field. He has earned international recognition, holding five National Records from The Malaysia Book of Records. Notably, he is Malaysia's first Pioneer Hair Transplant Doctor and also holds the title of Malaysia's first Fellow of The International Society of Hair Restoration Surgery (FISHRS). These achievements reflect his unwavering commitment to excellence in the field.



Datin Selwin, the CEO of GLOJAS, is not only a prominent figure in the field of aesthetics but also serves as a judge for prestigious beauty pageants like Miss Universe and Miss Tourism International. Her involvement in these events showcases her passion for beauty and her extensive knowledge in the industry.



Dr. Mohd Ali is a well-known Surgeon specializing in Plastic Surgery, Craniofacial Surgery, and Reconstructive Surgery. Dr. Mohd Ali holds full accreditation from the Ministry of Health Malaysia and is registered as a Plastic Surgeon under the National Specialist Register (NSR) and the Malaysian Medical Council (MMC). His expertise ensures that clients receive the highest standard of care.



Beyond providing top-tier aesthetic services, GLOJAS has a heart for the community. We regularly engage in charity events to support the Tahfiz children, showcasing our commitment to giving back to society.

GLOJAS has earned widespread recognition for catering to celebrity clients, including well-known figures such as Alif Satar, Wak Doyok, Aliff Syukri, and more. With an unwavering commitment to delivering top-tier care, our clinic has solidified its reputation as the ultimate destination for celebrities and discerning clients in search of highly personalized service and transformative results. GLOJAS is renowned for providing a discreet and opulent environment that ensures the utmost privacy and comfort for our high-profile clientele.

At GLOJAS, our main goal is to set and uphold world-class standards in the aesthetic industry. We strive to achieve excellence by surpassing customer expectations with advanced treatments, well-trained professionals, and unwavering commitment to innovation and satisfaction. Our objectives include enhancing our services with the latest advancements, ensuring top-notch safety and quality, and becoming a leading authority in aesthetic standards, setting industry benchmarks and driving continuous improvement.



Glomac Galeria Hartamas, B-G, 05, Jalan 26A/70A, Desa Sri Hartamas, 50480 Wilayah Persekutuan, > Wilayah Persekutuan Kuala Lumpur HP : +60 12 9891915 TEL : +60 362115555 www.glojasaesthetic.com

# **GLOJAS CLINIC**

MALAYSIA BOOK OF RECORDS

MALAYSIA BOOK OF RECORDS BEST HAIR TRANSPLANT TECHNIQUE GLOBAL HEALTH AWARD

GLOBAL HEALTH AWARD BEST PLASTIC SURGERY SPECIALIST ASEAN AWARD

ICON AWARD BEST HAIR TRANSPLANT & HAIR LOSS CLINIC

Glojas stands as a global beacon of excellence, renowned for our award-winning clinic and an expert team of highly qualified doctors with extensive proficiency across diverse disciplines, including Hair Transplants, Plastic Surgery, Aesthetics, and Dental treatments. Patients worldwide entrust us with their care, assured of world-class solutions adhering to the highest international standards. Our impressive track record boasts multiple entries in the Malaysia Book of Records and global accolades.

Our team of experts include the Founder of Glojas, Professor Dato' Dr. JasG, Malaysia's first Pioneer Hair Transplant Doctor and a Fellow of The International Society of Hair Restoration Surgery (FISHRS), accredited by The American Board of Hair Restoration Surgery (ABHRS). CEO Datin Selwin is a respected and widely recognized judge for Miss Universe and Miss Tourism International. Dr. Mohd Ali, a renowned Plastic Surgeon with full accreditation from the Ministry of Health Malaysia and holds registration as a Plastic Surgeon under the National Specialist Register (NSR) and the Malaysian Medical Council (MMC), ensuring exceptional surgical expertise. Dr Navin Mann MBBS (Malaya) MS (UKM) Fellowship in advanced laparoscopy & bariatric surgery (India). Dr Navin Mann holds a Fellowship in Advanced Lapraroscopy & Bariatric Surgery and a surgeon that holds a full accreditation from the Ministry of Health Malaysia.



Glojas promotes self-confidence and world-class services in hair loss treatments, hair transplants, eyebrow, beard, burn scar, and lower hairline solutions for all genders. We deliver stunning results and are known as Malaysia's pinnacle for top-tier hair restoration doctors. With Glojas' skilled professionals, cutting-edge technology, and techniques, we ensure that our customers can confidently embrace their desired look and experience natural-looking results at an affordable price.



Glojas sets the gold standard for plastic surgery and aesthetics, delivering unmatched excellence. Our wideranging services tackle diverse skin concerns – from uneven tone to acne, pigmentation, and beyond – employing cutting-edge methods like laser therapy and chemical peels, custom-tailored for every individual. We provide an array of procedures, from liposuction to double eyelid creation and gynecomastia treatment, sculpting bodies to perfection, igniting self-assurance and holistic wellness. At Glojas, we place customer contentment and safety above all else.



GLOJAS revolutionizes dental care with state-of-the-art equipment, providing a comprehensive spectrum of treatments, from root canals to dental implants. Recognizing the pivotal role of dental health, our commitment to excellence not only enhances smiles but also bolsters self-assurance, fostering thriving personal and career connections.

#### Glojas Clinic

Glomac Galeria Hartamas, B-G, 05, Jalan 26A/70A, Desa Sri Hartamas, 50480 Wilayah Persekutuan, Wilayah Persekutuan Kuala Lumpur

HP: +6012 9891915 TEL: +603 62115555

#### Glojas Indonesia

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HP: +62 8111 000496 TEL: +62 8111 752221



Scan the QR code and be the first 50 customer to enjoy 50% off selected treatments. T&C apply. For more information on Glojas, its promotional packages for our services, visit glojasaesthetic.com.

## HOLISTIC DERMATOLOGY AND PLASTIC & RECONSTRUCTIVE SURGERY OF THE YEAR IN ASIA-PACIFIC Skincentric by BTMC (BUKIT TINGGI MEDICAL CENTRE)

#### Beauty Redefined: Unveiling Excellence in Dermatology and Plastic & Reconstructive Surgery at BTMC's Award-Winning Skincentric

Bukit Tinggi Medical Centre (BTMC), situated in Klang, Selangor, Malaysia. Known for its community-centric and family-friendly approach, BTMC serves as a tertiary care hospital with expertise in a range of specialized fields, including Women and Children's health, Cardiology, Dermatology, Plastic Surgery, and Orthopedics. Furthermore, BTMC offers allied health services like physiotherapy, laboratory facilities, and a health screening center. This comprehensive approach, combining multiple disciplines, ensures holistic patient care.

#### A Fusion of Artistry and Precision

Skincentric at BTMC stands as a unique and celebrated establishment in Malaysia, having earned the esteemed "Holistic Dermatology and Plastic & **Reconstructive Surgery of the Year** in Asia Pacific" award. This honor underscores its distinctive integration of plastic surgery and dermatology, with an unwavering commitment to patient well-being and customized solutions. Collaborating with expert dermatologists and plastic surgeons, Skincentric's approach goes beyond addressing skin aging, encompassing physical transformation, damage recovery from illness, and the pursuit of a full, healthy life for its patients.



Jacklyn, Ms. Jasmine Lau, Dr. Goh Siew Wen, Dr. Jagjeet Singh

#### Radiant Transformations with Cutting-Edge Treatments

Dr. Goh Siew Wen, a distinguished Consultant Dermatologist at BTMC, specializes in an array of advanced skin rejuvenation treatments aimed at enhancing skin metabolism and texture. These include chemical peels, Pico lasers, fractional lasers, bioremodelling treatments, radiofrequency, microneedling, high-intensity focused ultrasound procedures, and customized botox and filler injections. It's important to note that individual outcomes may vary, and multiple sessions may be necessary to achieve the desired results.

#### **Sculpting Beauty with 3D Precision**

In addition to Skincentric's remarkable contributions, BTMC boasts a wider spectrum of medical services, including the expertise of Dr. Jagjeet Singh, a Consultant Plastic Surgeon. Dr. Jagjeet specializes in trauma, burns, facial reconstruction, breast augmentation, and body contouring. He is one of the pioneering figures in Malaysia, known for his innovative use of 3D imaging and simulation in plastic surgery, which sets new industry standards. With a distinguished career spanning over a decade, Dr. Jagjeet has established a solid reputation for his exceptional proficiency in aesthetic and plastic surgery, catering to both local and international patients.

#### Commitment to Comprehensive Healthcare

BTMC and its Skincentric have set a new standard in comprehensive healthcare and aesthetic services. With a focus on patient well-being and personalized solutions, they empower individuals to navigate their skin aging journey with grace. Dr Goh and Dr Jagjeet's expertise, combined with the latest advancements in medical technology, reflect BTMC's commitment to providing the best possible care for their patients. As they continue to stay updated with the latest advancements in the field, patients can be confident in the quality of care they receive at BTMC. For those seeking to enhance their skin health or explore aesthetic procedures, BTMC's Skincentric and the expertise of Dr Goh and Dr Jagjeet offer a holistic approach to achieving your goals. Your journey to healthier, more vibrant skin begins here.



# Crafting Confidence, Defining Beauty

At Skincentric, our promise is to give you better skin with state-of-the-art medical technologies, so you can have youthful skin, safely.

#### **Our Services**

#### DERMATOLOGY

#### **Dermatology and Skin Enhancement**

- Atopic Dermatitis and Other Dermatitis
- Psoriasis
- Skin Tumour
- Scar Revision / Keloid / Skin Swelling
- Treatments of Nails, Scalp and Hair Issues

For appointments, please contact

Introducing our team of skilled specialists to provide surgical expertise and dermatological care to ensure

your well-being throughout your journey to beautiful

+6017 325 3888

Skin Allergies

#### **Facial Improvements**

- Acne
- Melasma and Skin Pigmentation
- Chemical Peel
- Pico Laser, Fractional Laser
- RF Microneedling
- HIFU Skin Tightening
- Botox Injection
- Skin Boosters

### PLASTIC SURGERY

#### **Reconstructive Surgery**

- Burn Management
- Cleft Lip and Palate
- Facial Reconstruction
- Skin Grafting
- Facial Trauma and Repair
- Breast Reconstruction
- Advanced and Chronic
   Wound Management
- Lower Limb Reconstruction

#### **Cosmetic Surgery**

- Body Contouring
- Liposuction
- Laser Treatment of Leg Veins
- Breast Reduction, Augmentation & Lift
- Tummy Tuck
- Post-delivery Body Shaping
- Female Cosmetic Genital Surgery



**Dr Goh Siew Wen** Consultant Dermatologist

**Dr Jagjeet Singh** Consultant Plastic Surgeon

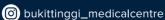
#### **Bukit Tinggi Medical Centre**

**MEET OUR SPECIALISTS** 

Owned by Bukit Tinggi Hospital Sdn. Bhd. Registration No. 199501011596 (340797-H)

**f** Bukit Tinggi Medical Centre

and healthy skin.







Holistic Dermatology and Plastic & Reconstructive Surgery of the Year in Asia-Pacific



# INTEGRATIVE AESTHETICS AND WELLNESS CLINIC OF THE YEAR IN ASIA-PACIFIC AS CLINIC

From the humble beginnings of a small 1,000 square feet outlet in Tropicana back in 2021, and to now operating from a three-storey bungalow unit located right in the heart of busy and bustling Bangsar in Kuala Lumpur, AS Clinics & Lifestyle Centres has grown by leaps and bounds in such a short period of time.

Being a hybrid medical service provider, AS Clinics & Lifestyle Centres has three different divisions – wellness, aesthetics and lifestyle, with each component integrating with each other as and where necessary in a seamless manner.

The aesthetic and medical aesthetic markets are expanding rapidly and more so in the Asia Pacific region which is estimated to grow the highest. With the increasing demand in this sector, AS Clinics & Lifestyle Centres has been able to capitalise on this growth to build up its aesthetic customer base rapidly especially in the last twelve months.

With a broad spectrum of nonsurgical and minimally invasive treatments that include Platelet Rich Plasma (PRP), Botulinum Toxin (Botox), Fillers, Mesotherapy and Chemical Peels, to a variety of products carried by the Babor and Doctor Babor range, AS Clinics & Lifestyle Centres carefully identifies the individual aesthetic needs of the customer first before recommending the correct treatment. A skin analysis is conducted followed by a thorough consultation by AS Clinics & Lifestyle Centres' aesthetic doctor.



Adrienne Song

This personalised service through the analysis, consultations, treatments and aftercares provided by AS Clinics & Lifestyle Centres is second to none, and has seen many, if not all, customers feeling 100% satisfied with their aesthetic needs being taken care of in a professional setup by friendly, warm, welcoming, qualified and experienced staffs.

The Global Health Asia Pacific Aesthetics Award 2023 recently

received by AS Clinics & Lifestyle Centres is well deserved and a true justification on the excellent aesthetic treatments and services provided.

AS Clinics & Lifestyle Centres will not rest on its laurels and will demand to continuously improve further on the standards that have been set, and to also always be on the front foot on aesthetic treatments, products and services.



AS Clinics is a revolutionary clinic that delivers integrated, regenerative, and wellness therapies and treatments that are customized for your body and condition.

It offers medical screening and health evaluation to identify any potential health risks, issues, and conditions so that appropriate interventions, treatments, and therapies can be initiated. It also provides regenerative treatments to repair or regenerate damaged or diseased tissues and organs (using stem cells and growth factors), and individualised weight loss programmes to meet the specific needs and goals of each person. Male patients can benefit from men's health treatment and therapies to improve their quality of life, reduce symptoms, and prevent serious health complications. Similarly, the team at As Clinics is well versed in women's health treatment and therapies that address the unique challenges affecting females. Aesthetic treatments and therapies are also offered after a detailed and careful understanding of individual needs that will improve not only your appearance but also your selfconfidence and lifestyle.

As Clinic Bangsar is a registered aesthetic clinic with the latest technology and equipment to ensure the best results for our clients and staffed by some of the best aesthetic practitioners in Malaysia.

Our lifestyle centers focus on holistic and non-invasive therapies to improve and boost both your physical and mental health and wellness.

The lifestyle lounge, as its name suggests, provides a perfect ambiance and relaxing environment to make our customers feel at 'home', as they evaluate options to improve their health.

The clinic offers effective and painless hair removal treatments. We have some of the latest technologies and methods to ensure the best solution is always available for you. It



also provides a customised selection of supplements through a detailed process of understanding your body's needs.

Cryotherapy is another treatment available at the clinic. It involves exposing the body to extremely low temperatures, typically using a cryotherapy chamber. This revolutionary treatment will help you with pain relief, performance enhancement while increasing your energy and rejuvenating your skin. In addition, the clinic is one of the few establishments in Malaysia to offer external pulsation therapy, a non-invasive treatment that can provide pain relief, improve blood and exercise capacity without any side effects.

As Clinics also provides overseas clients with a professional team of ambassadors to help them arrange their travel to the clinics for their treatment and therapy.

Prystal Sthetic Centre

Inspiring the Beauty of Self-Confidence with Professionalism and Heart

#### Leading Plastic and Cosmetic Surgery in Cambodia awarded by Global Health Asia Pacific

Some of our happy customers include Miss Grand Cambodia, social media influencers, superstars, singers, and models, both local and international who have all trusted Crystal Esthetic Centre with their beauty.

We provide plastic cosmetic surgery, esthetic medicine and dermatology by professional specialized surgeons and esthetic dermatologists.

Our clinic is well-known for treating the complications of plastic surgery. The most popular procedures at our clinic are rhinoplasty, blepharoplasty, breast augmentation, lipo-filling, and facial rejuvenation, in addition to a plethora of treatments available from our selection of plastic surgery and esthetic medicine.

Dr. Mam Kim Eng, co-founder of Crystal Esthetic Centre, spent 12 years studying to become a plastic surgeon and earned her board-certified specialization in plastic esthetic reconstructive surgery at the University of Health Sciences in Cambodia. She completed her residency of Plastic and Maxillo-Facial Surgery at Paul Sabatier University, Faculty of Medicine in France and continued her fellowship at Stanford University Hospital in the United States.

At Crystal, customer satisfaction is our guarantee. You will always be in good hands with our team of highly-skilled and well-trained doctors who are dedicated to making your dreams a reality. Your beauty is our priority.

#### **Crystal Esthetic Centre**

Address	: Building 111, Street 7, Khan Sen Sok, Phnom Penh, Cambodia
	(Entrance in front of Dei Huy Market).
Tel	: +855 77 656 263, +855 16 968 861
Telegram	: +855 77 656 263
Facebook Pages : Crystal Clinic, Dr. Kim Eng Mam Plastic Surgeon	

#### **Founders of Crystal Esthetic Center**



Dr. Jenny Kou Dr. Kim Eng Mam





# LIPOSUCTION CLINIC OF THE YEAR IN THAILAND REVEALING CLINIC

evealing Clinic is a liposuction clinic. Dr. Thanaporn Worasaknukul established the clinic to deliver quality services like how we care for our family and friends. Before opening the clinic, the doctor had liposuction experience and worked in the beauty industry for many years in various places, including hospitals and clinics. Amid numerous options, the doctor encountered the issue that many large hospitals could not adequately care for their patients and small clinics advertised exaggeratedly. For this reason, Dr. Thanaporn opened Revealing Clinic to fill these gaps by

- 1. Provide comprehensive and accurate advice on liposuction.
- 2. Develop a quality standard clinic, including advanced equipment, fullsupport services, and assured surgical security.
- 3. An affordable price.
- 4. Explicit results after doing the treatments.

With these previous grounds, Revealing Clinic was established under the concept of "your own body, your own beauty." The clinic accepts a limited number of cases daily so that the doctor can focus on every treatment detail for each person. The treatments were designed and ministered to achieve explicit and safe results with adherence to medical principles. Since its opening, the clinic has gained patients' trust by combining doctors' techniques and experience through thousands of cases.



Dr. Thanaporn Worasaknukul

Since patients who desire cosmetic surgery need to have a counselor and receive meticulous care throughout their recovery, all employees and nurses are essential in following up on possible side effects. Moreover, all employees and nurses already have at least ten years of experience caring for liposuction patients, so this team has encountered and solved many problems. Consequently, they can assess the situation and offer practical suggestions and solutions to help the patient. Furthermore, a team periodically makes appointments and follows up with patients to provide comfort throughout the patient's recovery. The doctor will monitor, control, and advise the unit 24 hours a day during the followup. Also, physical examinations and recommendations are occasionally given to the patient to reduce anxiety.

With this standard, the results in both treatment and recovery after liposuction are highly effective—less than 1% has risky side effects. The service and after-sales care are outstanding. The Clinic was recognized for its honesty in sales and clarity in treatment prices. As a result, numerous customers from Thailand, Japan, Indonesia, and Singapore always come to the clinic to let us take care of them.

For this reason, Revealing Clinic and Dr. Thanaporn hope that this clinic, known to a small group of people, not only has hundreds of patients monthly but the doctor is also remarkably experienced in liposuction and friendly services. Revealing Clinic will be the first choice for the judges to consider our Clinic as the Liposuction Clinic of the Year.

#### **Revealing Clinic**

BTS On Nut, parking available, On Nut branch The Master Reflexion Between Soi On Nut 30-32 Tel: +66629366228 Instagram : revealingclinic Website : https://revealingclinic.com/ Open 12.00 PM. - 20.00 PM.

# REVEALING CLINIC

is a liposuction clinic. Dr. Thanaporn Worasaknukul



# "YOUR OWN BODY, YOUR OWN BEAUTY."









Reshape by Revealing Clinic





# LASER CLINIC OF THE YEAR IN ASIA-PACIFIC

## **MEGABELLE CLINIC**

**Megabelle** now is recognized from the most high-class customers, as one of the top Aesthetic Clinic in Cambodia through its affiliation with world class treatments, famous international brands treated by experienced doctors and specialists.

With more than 2 decades of successful experiences in beauty industry, Megabelle Clinic is dedicating to be one of the most leading Aesthetic Clinic who focuses on professionalism and innovation solution to customers.

One of Megabelle mission is to bring Megabelle into international stage that's the reason why we have been continuing building professionally trained beauty therapists and aesthetic physicians and bring the state-of-the-art technology as well as high quality products in the beauty industry to the world.

October 2023 was the proud moment of us! Thank GlobalHealth Asia-Pacific for the prestigious recognition that honored Megabelle three awards during Global Health Aesthetics Conference & Awards 2023 for the below categories:

- 1. Laser Clinic of The Year In Asia-Pacific
- 2. Medical Aesthetic Clinic of The Year In Cambodia
- 3. Anti-Aging Clinic of The Year In Cambodia



Thanks all beloved loyalty customers for your supports for more than 20 years. These are really the culmination of our efforts and we still keep moving and improving constantly in order to offer all the best solutions and results to your beauty needs. Megabelle keeps pursuing our mission and vision to deliver the excellent products, excellent services and excellent results to every single customer.



# Ve are the

Laser Clinic of The Year In Asia-Pacific

AESTHETICS

Anti-Aging Clinic **Medical Aesthetic Clinic** of The Year In Cambodia of The Year In Cambodia

AESTHETICS



### **OUR WORLD CLASS TREATMENT CENTER**

MEGABELLE



AESTHETICS

- +855 12 31 5000
- All Megabelle Clinic www.megabelleclinic.com ۲
- 0 #24, St. 566, Sangkat Boengkak2, Khan Tuol Kouk, Phnom Penh, Cambodia.
- Facial Center
  Body Center
  Medical Aesthetic Center



Today, we stand before you not just as founders of the Dermaluxe Medical Group, but as three sisters who have poured their hearts and souls into a dream that we now call the Dermaluxe Way. It's been an incredible journey, one that's seen us work tirelessly for over three years, championing three essential qualities: professionalism, result-driven approaches, and the unwavering spirit of caring.

From our very first branch in our hometown, Mandalay, to our expanding footprint that now includes Yangon, and soon, Taunggyi, our mission has always remained the same - to make beauty accessible to everyone. We've worked diligently to provide personalized, holistic, and scientifically artistic solutions to every beauty concern.

Our team, composed of dedicated doctors, nurses, and customer service professionals, share our vision of setting new standards in the world of medical aesthetics. We're committed to offering world-class services at affordable prices, ensuring that our fellow Myanmar nationals can experience the best that international aesthetic clinics have to offer.

Just recently, we were humbled and ecstatic to be recognized as the "Best Medical Aesthetic Clinic of the Year 2023" by the Global Health Organization at an event held in Bangkok. This achievement wouldn't have been possible without our incredible team of "Dermaluxe Beauty Scientists," our certified dermatologists who apply scientific techniques to deliver satisfying results.

Dermaluxe is more than just a medical



Dr Hsu Mon Palae, Dr May Soe Htet and Dr Yee Yee Mon

group; it's a symbol of trust. It's a promise to our clients that they're in the capable hands of a team that genuinely cares about their well-being and beauty. We want to extend our heartfelt gratitude to each and every one of you for supporting us on this incredible journey. We wouldn't be here without your trust and faith in Dermaluxe.

In closing, Dermaluxe isn't just a name; it's a commitment to making you feel confident, beautiful, and cherished. We're honored to be the beauty solution you can trust, and we can't wait to continue this journey of transforming lives and bringing smiles to faces across Myanmar.

Thank you, from the depths of our

hearts, for being a part of the Dermaluxe family.

#### **Yangon Branch**

No (6) Yadanar Road, Thingangyun, Yangon. +95 9 40 918 3344, +95 9 40 918 3355

#### **Mandalay Branch**

No (156), 31st St, Bet 81st St & 82nd St, Chan Aye Thar Zan Tsp, Mandalay. +95 9 44 211 6161, +95 9 44 211 7171

#### Taunggyi Branch

No 33/7, Kamboza Road Branch 2, Taunggyi. +95 9 889988504

# CELLULAR & REGENERATIVE AESTHETICS PROVIDER IN ASIA-PACIFIC

Cell 101 International Sdn. Bhd. is a leading Malaysian Cellular Biotechnology company that is paving the way towards enhancement, establishment and regulation of cellular, regenerative & preventive medical technologies as well as therapies. Cell 101's headquarters is currently residing in one of the most distinguished research wings of Universiti Malaya, nestled in the heart of Kuala Lumpur, which highlights our strong collaboration with this worldrenowned institution. Cell 101 is also in the midst of establishing the first of it's kind Biotech Training Facility as well as a state of the art Research & Production Facility that will showcase some of the most advanced technologies in it's facility throughout Asia Pacific.

Our mission is to provide a high-value unit in the next scientific revolution with a vision to be one of the most trusted and reputable organizations in the biotechnology industry. Cell 101 aims to be the benchmark in this fastpaced industry, setting guidelines and protocols to lead cellular biotech to greater heights. It is no mystery today, that cellular technology and therapies are being widely used all around the world, with many positive results and success stories.

However, there is still a lack of understanding and awareness amongst both, providers & recipients, thus creating a gap that needs to be filled. Cell 101 aims to provide the ultimate solution and bridge both, the scientific & medical worlds pertaining cellular tech



Dr. Gokula Mohan

and concepts.

Our upcoming facility will showcase a modular laboratory mechanism, taking sterility and safety of cellular based products to the next level. This technology will be the first of it's kind is Asia Pacific, and Cell 101 intends to introduce this concept not just in Malaysia but to other neighbouring countries as well. Using a cyto-centric mechanism, full focus and priority will be given to the culture methods and transportation of all cellular products, reducing any form of contamination and ensuring more stable outcomes. This will be the stepping stone in creating an international guideline and to serve as the benchmark for production & culture of cellular products. Due to complete by the end of 2024, it is a project that we are all looking forward to.

Our products include the cutting edge Human Wharton-Jelly Stem Cells for clinical trials and regenerative therapy, immune cells such as Natural Killler Cells, exosomes & other growth factors, epigenetic profiling of biological age and other active nutraceutical ingredients for various applications with a logistics and sales reach internationally. Our target clients are functional & lifestyle medicine clinics, medical centers, hospitals and other biotech companies.

Besides, we are also involved in designing industry relevant bespoke curriculum & training programmes in the areas of biotechnology, molecular biology, regenerative medicine and healthcare for academic and professional certificate programs.

We have formed a cohesive and comprehensive support unit for our clients & business partners, allowing them to participate and grow with us for mutual benefit as well as to provide optimal solutions for the public. With all the resources and data that we have amassed, it is undeniable that cellular biotechnology will be the next big thing in the medical & scietific arenas, opening up tremendous opportunities for providers and related businesses. Utilizing the best methods and technologies are undeniably the keys to determining the future of cellular biotechnology. Cell 101 shall strive as the frontier of cellular biotechnology, and is ready to serve our clients and partners to our fullest capacity.



# MOST INNOVATIVE NON-SURGICAL HAIR TRANSPLANT CLINIC OF THE YEAR IN ASIA-PACIFIC

ida Esth' Medical Centre - the N0.1 Global Beauty Destination for high-class elites and A-lists worldwide and the award winner from HELLO Magazine Thailand - is renowned among those who're searching for the best unique hair loss and thinning hair treatment without surgery and the use of medication. And, with more than 1,500 positive results around the world, one could say that UR Cell Hair MicroTransplant - an exclusively patented technique only here in Bangkok, is proven to be effective in ending hair loss caused by hormones and genetics. Its popularity has become a word of mouth globally and recently earned Nida Esth' the latest award as the most Innovative Non-Surgical Hair Transplant Clinic of Asia Pacific by Global Health Aesthetic in 2023.

Realizing that fact that hair loss is a major problem to both men and women, Nida Esth' Research and Development team led by 'Dr. Piya Rungruxsiri, MD' - a board-certified plastic surgeon from International Society of Aesthetic Plastic Surgery (ISAPS) - strived to establish the most innovative hair transplant that the world has never seen before. Therefore, 'Dr. Piya' and his team availed themselves of every opportunity to research about hair transplants and gather knowledge and studies from around the world up until they found two unique medical practices that will permanently revolutionize hair transplant industry.



Dr. Piya Rungruxsiri., MD

#### THE SECRET OF STEM-CELL-BASED NON-SURGICAL HAIR TRANSPLANT

In 2016, after spending years of refining and perfecting my hair loss technique, I successfully merged the European Science of Hair Density Regrowth and the Japanese Approach for Hair Thickness Enhancement together and patented the UR Cell Hair MicroTransplant - the first and only nonsurgical hair transplant using your own cells in the world that can successfully increase both hair density as well as hair thickness at the same time.

"Without a use of oral medication that could lead to sexual dysfunction, surgical approaches that lead to visible scars and unpleasant hair shaving, UR Cell Hair MicroTransplant is superior to other conventional painful surgical hair transplants as it produces incredible results of naturally healthier thicker hair"

"Furthermore, with Nano Score Robotic System, - the Cellular Hair Analyzing AI from Germany - I can guarantee results by examining hair and scalp at the cellular level both quality and quantity to compare the results before and after treatment to ensure the success of hair transplant."

"Thank you so much, Global Health Aesthetic! I'm grateful for recognizing our long efforts and determination on this special treatment. And, with the overwhelmingly positive reaction from our patients, regarding incredible outcomes and several regional and international awards received, I knew immediately that I have finally reached the goal of success as the Pioneer of Non-surgical Hair Transplant" said, Dr. Piya. Non–Surgical Hair Transplant With 'Your Own Cells'

> HAIR MICRO-TRANSPLANT A Stem Cell – based Hair Transplant That Treats Hair Loss at Cellular Level

RCell

No Surgery

The New!

No Medication

No Risk of Sexual Dysfunction

More Hair Density Double Hair Thickness & New Real Natural Results

### How does Stem Cell ? Power Stop Hair Loss?

"To begin with, we 'harvest' the strongest hair follicles in areas unaffected by hormones and genetics, approximately 4-5 hair roots with a special 2 mm. tool. Then, 'extract' the hair root cells in order to obtain living and healthy hair cells that are ready to be processed to 'MicroTransplant'

\*\*\* (\*\*\* BEFORE AFTER 4 MONTHS

into the hair follicle in the problematic areas using a procedure known as 'Auto Transplant'.

"Hair Micro Transplant, acting as a 'Biological Factor' is the process of restoring hair follicle cells that have been weakened by the effects of AGA by implanting healthy hair follicular cells. It also returns the abnormal hair circuit to normal for new hair to grow in a normal life cycle. It also promotes hair follicle cell division and provides nutrition for hair follicle cell growth."

### A New Method to Prove Real Result

"Furthermore, we also offer Nano Score Robotic System, - the Cellular Hair Analyzing Al from Germany - that can guarantee results by examining hair and

scalp at the cellular level both quality and quantity to compare the results before and after treatment to ensure the success of hair transplant."





CE

Dr.Piya Rungruxsiri, MD: A Board-certified Plastic Surgern & Member of the International Society of Aesthetic Plastic Surgery (ISAPS).

📽 +662 252 2121 🔟 Nic

S Nidaesthcenter

www.nidaskincosmetic.com



# MEDICAL AESTHETIC AND SURGICAL CENTRE OF THE YEAR IN ASIA-PACIFIC

THE KLINIQUE SURGERY CENTER

#### The Klinique opens new beauty mega complex in FULL SERVICE for all beauty benefits.

Bangkok, October 2023 - The Klinique Surgery Center opened in FULL SERVICE at Siam Square the heart of Bangkok to all beauty and cosmetic surgery acquisitions and lifestyles . Dr.Apiruj Tongwattana CEO of Klinique Medical Clinic PCL promises the new beauty mega complex will be the grand expansion of the Klinique's renowned brand guaranteed by the Medical Aesthetic and Surgical Centre of the Year in Asia-Pacific award.

Among the valuable offerings, the Luxury Private packages ensures an exclusive customer experience with hygienic and safety standards; state-ofthe-art equipment; the general hospital standardization infrastructure included air-purification system, temperature control system, and a Sterilized Room that guarantees 100 percent sanitation management.

To continue the brand's outstanding success, the Klinique Surgery Center provides all-inclusive services in 2 main segments namely; Facial Design, and Body Contouring.

The most popular procedure is an Open Rhinoplasty that can work in detail up to 12 spots with a 100 percent SILICONE FREE guaranteed as well as reduce the post surgery risks of nostril collapse and nasal septum defect to obtain a natural looks.

In the Body Contouring segment, the



Dr.Peeraya Ganoksil and Weerasak Sinsapphaiboon (Managing Director)

highly popular procedures are Breast Augmentation and Liposuction.

The experts will be in full service from consultation to physical examination to strategically design the shape and size of new implants. To obtain the most natural looks and be free from postoperative complications, the Klinique Surgery Center implies a Breast implant technique known as High Surgery which performs inside-out and enables the elaborate design for appropriate size and shape of each side; leaves a tiny cut of wounds; very little pain; allows rapid recovery, and instant visceral movement right after surgery.

Another popular choice for a firm and slender body frame is Liposuction in which the certified experts provide a 1:1 basis care to customize each individual's requirement. The Melting Fat technique deploys technology of Vaser Smooth 2.2 incorporated with J Plasma to effectively removes excess fat cells and small fat deposits from certain spots by heating up and crack the membranes of those fat cells under your skin until they die off and neatly absorb into body cells without damaging or burning any tissues.

Among the clinical experts, the anesthesiologists will perform the duty exclusively on a 1:1 basis for safety guaranteed throughout the surgical procedure that requires general anesthesia.

In addition to the aforementioned services, the customers will be pampered with After Care Service assisted by cosmetic surgical experts and practice nurses in every step from a consultation to the recovery stage at home. Double Lock —

Nose Reconstruction THE KLINIQUE

Perfect by The Experts

Breast Surgery -----

Liposuction -





AESTHETICS



# OPEN RHINOPLASTY (RIB CARTILAGE IMPLANT) CENTRE OF THE YEAR IN ASIA-PACIFIC

#### JINTARAK PLASTIC SURGERY CENTER

#### Our story

I started to be Rhinoplasty surgeon with only one reason to help my wife from failure Rhinoplasty; deviated nose and nearly perforation. She did not get responsibility from well-known clinic where she had a surgery.

She was panic and depressed so much, either do I. According to this sadness story, I decided to be Rhinoplasty surgeon and setup company purpose to help patients who got failure Rhinoplasty as my wife. I would like to set up model of responsible and hospitality standard to take care clients since first step, they come to consult until follow up to check up after rhinoplasty operation.

Since first day until now, I still keep our mission that concerning to provide best and safety standard of hospital, operation and service. My vision is trying to put myself into other shoes and see from their point of view what they need? If I was the patient, what would I expect from doctor and his team. This is main operation key to keep our high standard.

Almost 10 years I never change company's mission, this inspired me to join with Navavej international hospital as Plastic Surgery department to support and service patients who would like to consult and decide to have an operation with us.

#### Why Jintarak deserve to get this prize?

Due to the fact that many Asian individuals have issues with flat nose bridge and nose tip, they have been using



Dr. Phuwasit Teewaranurak

silicone implants for a long time, both from Thai and Oversea doctors. This has led to problems with misaligned, infected, and structurally flawed silicone, causing a significant number of patients worldwide to seek skilled surgeons, such as Dr. Chate, who specializes in Rhinoplasty surgery using rib cartilage that from their own, ensuring a lifetime of safety and beautifully enhanced noses. Dr.Chate performance is acceptable from many people in a field of Plastic surgery including doctors, clients and investors both of Thailand and Oversea. They knew that he spent time in operation room more than 10 hours per case and did rhinoplasty operation only one case per day. He never looks clients as customers, but they are his family. Then every minute that he spent in operation room, he tried his best to do perfectly as much as he can. Exactly, his result was excellent and everyone knew his work style. He has full consultation and operation schedule till 2 years later. But clients still contact us to reserve consultation date and wait to meet him with only reason; trusting Dr.Chate who can solve all nose structure problem with great performance along more than 10 years.

### How Jintarak Plastic Surgery Center is different than other?

More than 10 years, Dr. Chate has continuously developed his surgical techniques, always striving to learn and improve. This dedication has made him a leading expert in Rhinoplasty using rib surgery, among the top in the country. With a strong commitment to providing the best for patients, Jintarak Plastic Surgery Center has gathered specialized medical professionals, each excelling in their respective fields surgery; Fat Grafting, Face lifting, double eyes, chin, cheek, breast and Fat transfer. They offer their best services, safe, and modern hospital that meets global standards, ensuring premium care and excellent result for every patient.





# JINTARAK RIB OPEN RECONSTRUCTION

- Best technique that can rebuild strong nose structure and most beautiful shape
- No foreign materials
- Using the patient's own rib.
- Safe and beauty long life
- Solve all problems
- Solve breathing problem

Every problem with your nose can be solved, and this will be the final surgery



#### 📞 +66 8 8839 6666 / www.jintarak.com

Jintarak Plastic Surgery Center at 3rd Floor, Navavej International Hospital 9 Ratchada-Ramintra Road Nuanchan, Bueng Kum District Bangkok 10230

# PIGMENTATION CLINIC OF THE YEAR IN ASIA-PACIFIC

#### **ANNA HOO CLINIC**

e are thrilled to announce that our clinic has been bestowed with the prestigious "Pigmentation Clinic of the Year in the Asia Pacific Region" award. This award is a testament to our commitment to tailormade solutions that cater to the specific goals and desires of our patients.

#### A Comprehensive Guide to Pigmentation Treatment

Pigmentation disorders, affecting individuals with either hyperpigmentation (darker patches) or hypopigmentation (lighter patches), can significantly impact self-esteem and quality of life. Understanding these conditions and the array of treatments available is crucial for effective management.

Hyperpigmentation: This condition results from excess melanin production, leading to darker skin patches. Common forms include melasma, post-inflammatory hyperpigmentation, and sunspots. Various factors, such as hormonal changes, sun exposure, and genetics, can trigger these darker patches.

Hypopigmentation: In contrast, hypopigmentation is characterized by lighter skin patches due to a lack of melanin. Conditions like vitiligo and post-inflammatory hypopigmentation fall under this category. The causes can range from nutritional deficiencies to genetic factors.

#### **Treatment Options**

Topical Treatments: Topical creams containing hydroquinone, retinoids,



Dr. Anna Hoo

corticosteroids, and kojic acid are often prescribed. They work by inhibiting melanin production, promoting cell turnover, and reducing inflammation. However, these treatments demand consistent application for effective results.

Laser Treatments: Lasers like Intense Pulsed Light (IPL) and fractional laser resurfacing target pigmented areas, removing damaged cells and stimulating collagen production. Pico lasers, using short energy bursts, break up pigmentation and rejuvenate the skin. Multiple sessions are typically required for lasting results.

Injectables: Platelet-rich plasma therapy is another injectable option. It uses the patient's blood plasma to promote collagen production, aiding in skin rejuvenation and pigmentation reduction.

Chemical Peels: Chemical peels, including glycolic acid, salicylic acid, and TCA peels, exfoliate the skin, encouraging cell renewal and fading hyperpigmentation.

Cosmeceuticals and Natural Remedies: These treatments involve products with botanical extracts, vitamins, and antioxidants. They can enhance the skin's appearance and are often used alongside other treatments. Nutritional Approaches: A balanced diet rich in antioxidants, vitamins, and omega-3 fatty acids can support skin health and complement other treatment modalities.

#### **Consultation and Prevention**

Before starting any treatment, consulting with a doctor is crucial to determine the most appropriate option and conduct patch tests, especially for sensitive skin. Preventative measures, including a balanced diet, adequate hydration, stress management, sun protection, and avoiding smoking and excessive alcohol, are vital.

#### Follow-up and Considerations

Pigmentation treatments might not offer permanent solutions, and multiple sessions are often necessary for sustained results.

Regular follow-ups with a doctor are essential. Treating any underlying medical conditions can contribute to more durable depigmentation outcomes. Addressing pigmentation issues requires a comprehensive approach, combining suitable treatments, consistent skincare routines, and lifestyle adjustments. Consulting a doctor and adhering to recommended safety measures are key to effectively managing pigmentation disorders and boosting overall wellbeing.

#### GlobaHealth AESTHETICS

# WEIGHT LOSS AND BODY CONTOURING CLINIC OF THE YEAR IN ASIA-PACIFIC

Clinic "Weight Loss and Body Contouring Clinic of the Year 2023 in the Asia Pacific Region"

In a significant recognition of excellence in the healthcare and wellness industry, Anna Hoo Clinic has been awarded the prestigious "Weight Loss and Body Contouring Clinic of the Year in the Asia Pacific Region" for 2023. This accolade highlights the clinic's commitment to patient care and to be recognised as the leading clinic in weight loss and body contouring in this dynamic and competitive landscape is a true honour. Anna Hoo Clinic, known for its patient-centric approach, believes in tailored health and self-confidence solutions. The clinic's services are designed to support individual journeys toward a healthier, happier life. This award underscores the clinic's dedication to personalized treatments that align with each patient's unique goals. The clinic's methodology in weight loss and body contouring combines scientific principles, safety, and cutting-edge technology. Offering a spectrum of treatments from non-invasive to minimally invasive procedures, the clinic boasts a team of expert doctors, nurses, dieticians, and nutritionists. They work collaboratively to ensure optimal care and results for their patients. Understanding the complexities of achieving and maintaining a healthy body, Anna Hoo Clinic emphasizes a holistic experience. The focus extends beyond physical transformation to include mental,



Dr. Tan Ian Pin

emotional, and social well-being, recognizing the integral relationship between mind and body in wellness. The success of Anna Hoo Clinic is also attributed to the trust and loyalty of its patients. Over the years, the clinic has helped numerous individuals achieve their weight loss and body contouring goals, inspiring continuous improvement and innovation. The "Weight Loss and Body Contouring Clinic of the Year" award reflects the clinic's values, dedication, and impact on patient lives. It marks a significant milestone, seen not as an endpoint but as a catalyst for future achievements. The clinic remains committed to excellence, innovation, and delivering high-quality, compassionate care. As it celebrates this achievement. Anna Hoo Clinic extends gratitude to its team and patients, acknowledging

that their support was crucial for this recognition. The clinic is honored to receive this accolade from Global Health and is excited to continue its journey, leading in healthcare excellence. Looking forward, Anna Hoo Clinic anticipates another year of innovation, progress, and success, aiming to assist more individuals in achieving their weight loss and body contouring goals. The clinic remains dedicated to its mission of enhancing patient health and wellness, staying at the forefront of healthcare in the Asia Pacific region.

# PLASTIC SURGERY & SKIN CENTRE OF THE YEAR IN ASIA-PACIFIC

#### "The creation of beauty is Art"

In 2023, Vincent Clinic has emerged as a prominent player in the beauty industry. Founded by Dr. Pongtheera Setthanawarakul and Dr. Pranpariya Uengtrakul, the clinic has swiftly risen to prominence thanks to its steadfast dedication to excellence and safety. Vincent Clinic has attracted significant attention and garnered a devoted following on popular social media platforms, including Instagram, Facebook, and TikTok, establishing itself as a trailblazer in the beauty industry.

At the heart of Vincent Clinic's success is its dedication to providing top-tier services with the highest safety standards. This commitment extends across a comprehensive range of procedures, from breast augmentation to liposuction, double eyelid surgery, lip surgery, chin augmentation, non-surgical facial contouring, and skin services to advanced laser surgery. The clinic boasts state-of-the-art, hospital-level operating rooms that span over 2,000 square meters, making it the first clinic of its kind.

One of the clinic's standout features is its pioneering use of Lumio 3D technology. This innovative scanning technique offers a 180° perspective coverage, producing a high-definition 3D facial record. Lumio 3D empowers patients to visualize and design their desired nose shape before embarking on their surgical journey, providing a unique and interactive experience.

Dr. Pongtheera Setthanawarakul's contributions to the field of plastic surgery are noteworthy, particularly the SSTP (Space, Volume, Force, and Suture)



Dr. Gomen Jankaew

technique. This technique has been recognized as 'The Best of Innovation for Rhinoplasty' and places a strong emphasis on achieving balance, natural aesthetics, and safety in rhinoplasty procedures. The SSTP technique excels in reshaping the nasal bridge, creating a soft and natural slope, and is especially suitable for patients with limited nasal skin space. It has earned a reputation as the premier semi-open technique in Thailand, making rhinoplasty one of the most sought-after services at Vincent Clinic.

Vincent Clinic's commitment to excellence extends beyond medical procedures. The clinic has received accreditation from the 'American Accreditation Commission International' (AACI), which attests to their dedication to upholding global safety and service standards. This accreditation adds to the clinic's credibility, assuring patients of its unwavering commitment to quality and safety.

The clinic's exceptional dedication to

quality and innovation is also evident in its receipt of the Asian Pacific Property Award 2023-2024 in the Public Service Interior category. This award, presented by the esteemed Asia Pacific Property Awards, represents the pinnacle of recognition in the real estate and interior design industry throughout the Asia Pacific region.

The impressive growth and recognition of Vincent Clinic are further bolstered by the extensive management experience and collaborations of its founders, Dr. Pongtheera and Dr. Pranpariya, with prominent organizations. Their efforts have not only elevated the clinic's reputation but have also garnered the trust and acceptance of a wide-ranging audience. Vincent Clinic has earned the endorsement of top-tier media sources, both online and offline in Thailand, including esteemed platforms such as the leading beauty pageant contests in Thailand, Miss Universe Thailand, and Miss Thailand World 2023.

Looking ahead, Vincent Clinic is set on an exciting path of expansion, seeking to redefine healthcare and wellness. The clinic is broadening its range of products and services to encompass "Total Wellness," aiming to be at the forefront of cosmetic surgery, skin care, anti-aging science, and holistic health. Their vision is clear: to ascend to the leadership position within the network of cosmetic surgery and skin care service providers in Asia by 2028. Vincent Clinic remains unwavering in its pursuit of excellence and its commitment to enhancing the well-being and beauty of its valued clients.



#### FACE SURGERY CENTER

- Nose Surgery (Closed, Semi-Open, Open)
- Eyelid Surgery
- Chin Augmentation
- Lip Reduction Surgery

#### VINCENT LIPOSUCTION & BODY CONTOURING CENTER

- Breast Augmentation
- Buttock Augmentation
- Liposuction
- Vaginal Surgery

#### VINCENT SKIN CENTER INJECTION & THREAD LIFTING

- Botulinum Toxin
- Filler
- Meso fat
- Glow Elixir
- 🛑 IV Drip
- Thread Lift

#### VINCENT LASER & ENERGY BASED DEVICE

- Discovery Picosecond Laser
- Thermage FLX
- Ulthera SPT
- Trusculpt ID (Non-Invasive Fat Killer)
- Morpheus 8 (Fractional Microneedle RF)
- Hair Removed Laser







Vincent Clinic, No. 388, Exchange Tower, 3rd Floor, Sukhumvit Road, Klongtoey, Klongtoey, Bangkok, Thailand 10110

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@vincentclinic



# (RISING STAR) MEDICAL AESTHETIC CLINIC OF THE YEAR IN ASIA-PACIFIC

#### The Luxe Clinic: Leaving You Comfortable In Your Own Skin

We are honoured to have been awarded the distinguished title of (Rising Star) Medical Aesthetic Clinic of the Year in Asia Pacific. We are humbled by this honour as not only does it recognise our dedication to excellence but it also highlights the transformative impact we have had on the medical aesthetic landscape in Malaysia thus far.

Our philosophy is the belief that beauty is diverse and unique to each individual. Our resident doctors, Dr. David Wee and Dr. Diyana Shah, understand the importance of personalised care, crafting bespoke treatment plans that deliver optimal, natural-looking results for their patients..

We believe our commitment to personalised beauty experiences is what sets us apart.

We take pride in our advanced technology, allowing us to provide safe and effective treatments for our patients. From non-invasive procedures to state-of-the-art rejuvenation treatments, our comprehensive range of services cater to the evolving needs of our clients.

Our commitment to staying at the forefront of advancements ensures that our clients experience the latest and most transformative solutions available in the market.

Fostering relationships that go beyond the doctor-patient dynamic is the core of who we are, which is why creating an environment where trust,



Dr David and Dr Diyana



understanding and shared goals flourish is of utmost importance to us.

Beyond physical transformations, The Luxe Clinic experience is more than just aesthetics; it's a journey towards self confidence.

# the luxe clinic





the luxe clinic

scan for a REE consultation

# making you feel comfortable in your *own* skin

As pioneers in the realm of aesthetics, we blend cutting-edge technology with personalised care to redefine your TLC journey.

experienced doctors · advanced technology · premium treatments

 \*
 BELOTERO\*
 XEOMIN\*
 APTOS
 MINTLift
 hydrafacial
 Fotomation

 MASTELLI AESTHETICS
 OXY geneo
 intraceuticals
 is clinical
 POTENZA
 regenlab
 PROFHILO



## RHINOPLASTY CLINIC OF THE YEAR IN ASIA-PACIFIC SOMEKO CLINIC

Someko Clinic, situated in Bangkok, Thailand, stands at the forefront of Plastic and Aesthetic Surgery Centers, specializing in Rhinoplasty, Anti-aging surgery, and non-surgical aesthetic procedures. Founded by Dr. Wararat Sirikudta, a renowned board-certified dermatologist, Someko Clinic boasts over a decade of expertise in rhinoplasty. Dr. Wararat is celebrated for creating natural-looking rhinoplasty results, earning Someko Clinic the prestigious "Rhinoplasty Clinic of the Year in Asia-Pacific" award from GlobalHealth Asia-Pacific in 2023.

At Someko Clinic, patients benefit from a range of rhinoplasty techniques, including close technique with silicone implant and open reconstruction technique, ensuring optimal outcomes. The clinic's surgeons employ the innovative "SCT" technique, developed by Dr. Wararat, crafting a seamless contour from eyebrows to nose tip. This method not only enhances beauty but also reduces swelling and bruising, leading to faster recovery and minimal scarring.

Facelift surgery, another popular offering, rejuvenates patients, instilling confidence. Someko Clinic's plastic surgeons utilize the advanced S-Lock technique, operating deep within the "SMAS layer" for enduring results. Careful stitching conceals scars along the hairline and ear's edge, leaving patients looking naturally younger.

Someko Clinic's expert team, comprising skilled plastic surgeons



Dr Wararat Sirikudta

and dermatologists, prioritizes understanding each patient's unique vision of beauty. Tailored treatment plans align with individual aesthetic goals. With cutting-edge technology and unwavering commitment to safety and hygiene standards, Someko Clinic has empowered numerous patients to embrace beautiful, confident versions of themselves.

Services at Someko Clinic encompass a wide array of cosmetic procedures and medical services, including rhinoplasty, face and neck lifting, blepharoplasty, chin augmentation, fat grafting, breast augmentation/reduction, Vaser liposuction, tummy tucks, and nonsurgical aesthetic procedures.

Discover your enhanced self at Someko Clinic, where international patients worldwide are warmly welcomed. For online consultations via Video Conference, please visit www. somekoclinic.com.

# SOMEKO CLINIC Bangkok, Thailand

Plastic and Aesthetic Surgery Center

# Rhinoplasty with SCT technique

- Crafting a seamless contour from eyebrows to nose tip
- Reduces swelling and bruising
- Faster recovery
- Minimal scarring

Over time, beauty trends have evolved. As a doctor with a keen aesthetic sense, I focus on every detail to enhance our patients' beauty and condence. **Dr. Wararat Sirikudta** 

somekoclinic
somekoclinic
somekoclinic.com

# SUNKEN CHEST RECONSTRUCTION CENTRE OF THE YEAR IN ASIA-PACIFIC SPORT CARDIO FITNESS PROVIDER OF THE YEAR IN ASIA-PACIFIC

#### **INSTITUT JANTUNG NEGARA**

#### IJN wins big in Thailand

Institut Jantung Negara bags two recognitions at the GlobalHealth Aesthetics Conference & Awards 2023 in Bangkok

Institut Jantung Negara (IJN) has reached yet another milestone with its latest international recognition at GlobalHealth Aesthetics Conference & Awards 2023.

The Institut Jantung Negara was recently named "Sport Cardio Fitness Provider of the Year in Asia-Pacific" and "Sunken Chest Reconstruction Centre of the Year in Asia-Pacific" at the GlobalHealth Aesthetics Conference & Awards 2023 in Bangkok.

It was among other regional healthcare providers to bag the prestigious recognition at the award ceremony.

IJN's Deputy Chief Executive Officer, Dato' Akmal Arief Mohamed Fauzi was present to receive both awards.

Recognising excellence and innovation in the Asia-Pacific Aesthetics industry, the GlobalHealth Asia-Pacific Aesthetics Conference & Awards 2023 was held at The Marriott Marquis, Bangkok recently to bring key industry players together.

It gathered several industry leaders and visionaries from the region to celebrate the latest advancements in aesthetics and honour outstanding achievements.

Speaking about the recognition, Akmal expressed his delightfulness in achieving another milestone in the area of cardiovascular and cardiac treatments.



Dato' Akmal Arief Mohamed Fauzi

"We are immensely grateful to our dedicated team, supportive community, and wonderful patients who make these achievements possible.

"The award is another milestone for us to ensure IJN continues to be the leading heart institution not only in Malaysia but also in the region."

The sports cardiology clinic at IJN offers evaluation by a cardiologist and an exercise physiologist.

It carries out a full clinical evaluation, including assessment of symptoms, medical and athletic history, and a comprehensive physical examination.

A cardiopulmonary exercise test (PET/CDP/Vo2max) to check your lung and heart response to various levels of exercise.

According to IJN Cardiovascular Sports & Fitness Director Prof Dato' Seri Dr Jeffrey Jeswant Dillon this test is the best test to measure how our heart and lungs cope with daily activity and exercise.

"It may help identify the reasons why exercise is difficult and may be causing breathlessness, disease progression and fitness levels." To do the test, you are required to run on a treadmill or pedal on a bicycle ergometer to measure your heartbeat rhythm and breathing.

"Sports cardiology advocates for individuals how to be safe from cardiovascular events while they exercise and to prevent sudden cardiac arrest and death.

"We would encourage any individual above the age of 35 years to have at least one screening medical check-up before embarking on or chasing your sporting ambitions," said Dr Jeswant.

Meanwhile, Akmal also expressed his excitement for the recognition of IJN's Sunken Chest Reconstruction Centre.

For the uninitiated, sunken chest or funnel chest is a medical condition known as Pectus Excavatum which is a progressive deformity of the chest wall that causes several ribs and the sternum to grow abnormally in an inward direction.

IJN became the first centre in the ASEAN region to perform minimally invasive repair of pectus excavatum in 2008.

The service is headed by Dr Jeswant and is run by a highly-trained team of doctors and nurses.

Akmal said he is optimistic that IJN will continue to be the top and premier integrated cardiovascular and thoracic care centre in Malaysia and the region.

"Over the past few decades, IJN has proven that we can unlock new potentials and introduce new innovative methods to tackle cardiovascular diseases.

"This is our commitment to the community."





# ANOTHER SIGNIFICANT ACHIEVEMENT

"Sport Cardio Fitness Provider of The Year"

> "Sunken Chest Reconstruction Centre of The Year in Asia-Pacific"

AESTHETICS

in Asia-Pacific

Jantung Negari

AESTHETICS

BEST SPECIALIZED HOSPITALS ASIA PACIFIC CARDIOLOGY 2023

Newsweek

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INSTITUT JANTUNG NEGARA Internationally Accredited Heart Centre



# SPORTS CARDIOLOGY AN IMPORTANT YET UNTAPPED SPECIALITY Prof. Dato' Seri Dr Jeffrey Jeswant Dillon,

Director of Cardiovascular Sports & Fitness

Sports cardiology is one of the rapidly growing subspecialties of cardiology that is now advancing for the care of athletes and active individuals who are known to have diagnosed heart ailments and also for those with undiagnosed cardiovascular conditions. The target population include competitive athletes, active sports enthusiasts and also those sedentary individuals who endeavour to start sports and exercise for the first time. The sports cardiology team includes those with expertise in cardiology, cardiothoracic surgery, paediatric cardiology, especially congenital heart disease and genetic diseases, cardiovascular imagers, electrophysiologists, heart failure specialists and exercise physiologists.

#### The effects of working out your heart

can be categorised into three categories. The good, the bad and the ugly. The good characterises include the benefits of exercising and staying active for the heart. The bad could indicate the development of the athlete's heart syndrome, that may confuse accurate diagnosis if unrecognised and may lead to unnecessary concern and treatment strategies. Finally, the ugly comprises the sudden death syndrome while exercising.

It is important to know the mechanism behind these classifications. The positive benefits of regular exercise and sports include good control of body weight, blood sugar, cholesterol and blood pressure, all of which collectively reduces the risks of heart **attack and stroke to the individual**. Exercise also reduces anxiety and depression leading to beneficial mental health wellbeing. The term the athlete's heart refers to the normal physiological changes the heart undergoes in a person who regularly does strenuous aerobic/endurance exercise such as high intensity running, cycling or swimming and also in those who do high intensity power/resistant training exercises such as weight lifting. For the endurance athletes the heart chambers may adapt to be larger (dilatation) in response to the prolonged exercise stimulus, while for the power athletes their heart muscles may get thicker (hypertrophy). It is important to recognise that these changes within the heart chambers and muscles are laraely normal responses to exercise and not to be confused as being a pathological feature of organic heart disease that may cause anxiety to the athletes and worse still to physicians who might send them for further unnecessary investigations and treatment.

A not uncommon scenario that has been in the spotlight nowadays is endurance athletes, power athletes like bodybuilders and even amateur exercise enthusiasts collapsing with sudden death during exercise. The causes of sudden cardiac death in athletes can be broadly categorize according to their age groups; the senior (master) athletes above the age of 35 years and the young athletes have different aetiology for sudden cardiac arrest. In the master athletes' group, atherosclerotic disease caused by deposit of cholesterol plaques in the coronary arteries is the most common risk factor for acute myocardial infarct (heart attack) leading to sudden cardiac death (SCD). The common risk factors to develop atherosclerosis and heart attack include hypercholesterolaemia, obesity, hypertension, diabetes mellitus, smoking, a strong family history and sedentary lifestyle.

Hypercholesterolaemia is identified by having a high level of total and LDL cholesterol in the blood leading to cholesterol plaque build-up in arteries in the body including the coronary arteries of the heart and when present. is typically treated by statin group of medications. Statin related muscle fatique may be more common amonast athletes. Hence treatment with lipid lowering agents should be stratified according to the coronary disease risk profile and balanced against side effects and exercise/sporting targets. Athletes who have undergone acute coronary events should be encouraged to continue to participate in a cardiac rehabilitation program and return to active exercise and sports under supervised the care of a sports cardiologist.

Hypertension is a common cardiovascular condition, even amongst the healthy athletic population. A thorough evaluation of an athlete should involve a detailed history and measurement of their blood pressure during each visit. Measurements of blood pressure during exercise may be useful in diagnosing those with concealed hypertension or to help evaluate effectiveness of ongoing treatment. Depending on the extent of the elevated blood pressure, some athletes would be restricted from sports with particularly high static strain, for example, weightlifting or martial arts, until hypertension is controlled.

In the young athletes, the causes of sudden cardiac death differ from their more senior counterparts. The common causes in the apparently young fit individuals include hypertrophic cardiomyopathy (HCM), anomalous coronary arteries, long QT syndrome, heart valve diseases, diseases of the aorta and myocarditis. Hypertrophic cardiomyopathy (HCM) is a genetic condition that causes the heart muscle to enlarge and may obstruct blood flow out of the heart, leading to abnormal heart rhythm (arrhythmia). heart failure and sudden death. Long QT syndrome is another genetic disorder where abnormality of the electrical system of the heart may trigger arrhythmia during exercise and stress which may be fatal. Anomalous origins of coronary arteries from the aorta is a congenital condition that may cause chest pain or sudden cardiac arrest during exercise. These aroup of vouna athletes may be suspected to have these dangerous but treatable conditions if they present with symptoms of chest pain. breathlessness or fainting. Those that are symptomatic or have an episode or resuscitated cardiac arrest or a family history of sudden death are recommended to be fully evaluated and monitored by a sports cardiologist team for diagnosis, treatment and rehabilitation for safe return to play.

When an athlete presents with symptoms of chest pain, breathlessness or syncope (fainting), it could be due to benign and malignant causes. Chest pain and syncope or near syncope during exercise or sports events typically warrant immediate restriction from sport and evaluation. Syncope and presyncope can be physiologic responses to exercise such as vasodilation and blood pooling that can lead to excessive fall in blood pressure (BP) when an upright position is assumed. Athletes over the age of 35 are more likely to present with atherosclerosis as the underlying cause. Evaluation should highlight whether symptoms occurred during or after exercise with the latter more likely to be benign. A detailed physical examination and other tests should include the ECG, echocardiography, ambulatory rhythm monitoring and maximal exercise tolerance test. Basic laboratory evaluations should be performed to rule out anaemia, thyroid disorder and other metabolic abnormalities. In addition, ECG, echocardiogram and maximal effort exercise stress test are recommended as part of a complete work-up.

We must be mindful that active individuals are not immune to heart conditions that may endanger lives during physical activities. Hence, before embarking on strenuous exercise, it is vital to get your heart **health checked. At IJN we offer** Active Fitness Screening program. This package encompasses general assessment, cardiac service investigation, physiotherapy, laboratory tests, consultation by cardiology clinical specialist, refreshment and finally with the report summary.

In the sports world, a healthy heart equals optimum performance. Whether an individual is a professional or an amateur, IJN also offers Active Plus Endurance Screening programme which helps to determine the risk of heart problems, and helps to measure fitness levels and offers a sport prescription to keep you at the top of your game. This screening plan encompasses general assessment, cardiac service investigation that includes electrocardiogram, VO2 Max and 2D echocardiogram, imaging investigation, physiotherapy, laboratory tests, consultation by cardiology clinical specialist, consultation by sports medicine specialist, refreshments and finally with the report summary.

At IJN sports cardiology clinic, we offer evaluation by a cardiologist and an exercise physiologist. They will carry out a full clinical evaluation, including assessment of symptoms, medical and athletic history, and a comprehensive physical examination. A cardiopulmonary exercise test (PET/CDP/Vo2max) is an exercise test in which your lung and heart' response to various levels of exercise will be tested. This test is the best test to measure how our heart and lungs cope with daily activity and exercise. This may help identify the reasons why exercise is difficult and may be causing breathlessness, disease progression and fitness levels.

In this test, you will be asked to run on a treadmill or pedal on a bicycle ergometer, while your heart beat rhythm and as well as breathing is measured. The intensity of this exercise will increase gradually and the total duration can vary from about 10 minutes to about 40 minutes. During this test, patients will be using a mask that measures oxygen use during exercise on a treadmill, bicycle or other device. This test provides comprehensive information on maximal heart rates, peak oxygen consumption (VO-2 max) and your anaerobic threshold.

In summary sports cardiology advocates for individuals how to be safe from cardiovascular events while they exercise and to prevent sudden cardiac arrest and death. We would encourage any individual above the age of 35 years to have at least one screening medical check-up before embarking on or chasing your sporting ambitions. Younger athletes who are symptomatic or have a family history of sudden death are also advised to be evaluated to exclude cardiac abnormalities that may be dangerous if left unrecognized. **66** We must be mindful that active individuals are not immune to heart conditions that may endanger lives during physical activities. Hence, before embarking on strenuous exercise, it is vital to get your heart health checked.



# (RISING STAR) DERMATOLOGY AESTHETIC CLINIC OF THE YEAR IN MYANMAR Skin collections (skin & Aesthetic clinic)

#### Skin Collections: Skin and Aesthetic - The Epitome of Comprehensive Dermatological Care in Myanmar

Welcome to "Skin Collections: Skin and Aesthetic Clinic", an award-winning center recognized as the "Rising Star Dermatology Aesthetic Clinic of the Year in Myanmar" by the GlobalHealth Asia Pacific organization. At our clinics, your skin's health and beauty are our utmost priority. Founded by the esteemed Dr. Yi Mon Chan Aye, we offer a sanctuary in Yangon, Taungoo, and Naypyitaw for those seeking both aesthetic enhancement and therapeutic skin care, encompassing a holistic approach to dermatology.

#### Dr. Yi Mon Chan Aye: A Vanguard of Dermatology, Specialist in Aesthetic Skin Solutions

Dr. Yi Mon Chan Aye, the founder and leading dermatologist at Skin Collections Aesthetic Clinic, is an alumnus of the University of Medicine-1, Yangon, and holds a Master's degree in Dermatology from the School of Anti-aging & Regenerative Medicine, Mae Fah Luang University, Thailand. Her extensive certifications range from Advanced Full Face Lifting Techniques to Attack on Hyperpigmentation and Cuttingedge NK Cells Therapy, showcasing her dedication to providing holistic and innovative skin care solutions.

#### Our Philosophy: Comprehensive Care for Skin Health and Aesthetics

At Skin Collections, we view the skin not just as a canvas for aesthetic



Dr. Yi Mon Chan Aye

enhancement but as a crucial indicator of overall health. Our philosophy centers around a holistic approach to skincare, addressing a broad spectrum of concerns. While we are adept at aesthetic procedures like thread lifting and Botox, our expertise extends significantly into the realm of medical dermatology. We specialize in diagnosing and treating a variety of skin diseases, from common conditions like acne and eczema to more complex disorders. Our comprehensive approach to skin health means that we are equipped to manage both the beauty and the wellness aspects of skincare, making our clinic a one-stop destination for all your skin care needs. At Skin Collections, we ensure that each treatment plan not only enhances your appearance but also promotes the health and integrity of your skin.

## Advanced Treatments in a Comforting Environment

Our clinics are equipped with stateof-the-art technology and employ advanced techniques to ensure the best outcomes. Whether it's rejuvenating aging skin, tackling hyperpigmentation, or treating chronic skin diseases, our team is adept at providing tailored treatments. Our client-centric approach ensures that each visit is comfortable, informative, and transformative.

#### A Commitment to Excellence

At Skin Collections, we are committed to maintaining the highest standards of medical ethics and patient care. Our team's expertise, combined with a warm and professional environment, ensures that each patient's journey with us is not just about enhancing their appearance but also about elevating their overall quality of life.

#### Join Us on Your Journey to Radiant Skin

Embark on your aesthetic and dermatological journey with Skin Collections: Skin and Aesthetic. Experience the fusion of top-tier dermatological care with innovative aesthetic treatments, all tailored to your individual needs. We invite you to visit us at our branches in Myanmar: Yangon, Taungoo, and Naypyitaw, where your skin's health and beauty are our passion and priority.

#### Skin Collections (Skin & Aesthetic) Clinic Locations:

Yangon Branch: No.56, Phyar Pone Street, San Chaung Township, Yangon Phone - 09400949700 Taungoo Branch: Bo Hmu Pho Kun Street, Taungoo Phone - 09400650300 Naypyitaw Branch: No.1854, Corner of Sabei Street & 13th Street, Nay Pyi Taw Phone - 09400650300

## ANNA HOO®

GROUP

Anna Hoo Clinic Enhancing Lives

When you first lay eyes on a person, the first body part most people look at is the face, which is a person's most unique feature. Among friends and acquaintances, you may notice that some faces appear more radiant or less wrinkled than others. For those with flaws in their appearance, low self-esteem and reduced confidence creep in and affect patients' social, family life and even work performance. The dissatisfaction towards one's body shape, aging sign, or simply skin pigmentation may be perceived to be minor but undeniably impactful.

Anna Hoo Clinic is here to help.

The team at Anna Hoo Clinic consists of certified and experienced doctors who have undergone extensive training in medical aesthetics. Being in the forefront of medical aesthetic allows the team to offer the best care in **facial aesthetic** and **body treatment**, **health and wellness** preservation to its patients.



From Left to Right : Dr. Ian Tan Dr. Anna Hoo Dr. William Hoo Dr. Joyce Hii



Anna Hoo Clinic (Petaling Jaya) D-1-51, Block Dahlia, 10 Bouloward Johukraya Sprint

10 Boulevard, Lebuhraya Sprint, PJU 6A, 47400 Petaling Jaya, Selangor Tel : 603 7726 7626



Anna Hoo Clinic (Bangsar)

Lot 3A.02A, level 3A, Menara BRDB, 285, Jalan Maarof, Bukit Bandaraya, 59000 Kuala Lumpur Tel : 603 2713 3668

#### KKLIU: 1355 / EXP 31.12.2025















## MEDICAL AESTHETIC CLINIC OF THE YEAR IN ASIA-PACIFIC AMARANTE CLINIC

#### Dr. Sarit Tantiapichart (AMARANTE CLINIC) : Leader and role model of aesthetic medicine clinic in ASIA-PACIFIC

Amarante Clinic is a leading medical aesthetic clinic in Asia-Pacific, specializing in advanced aesthetic medicine and technology. Founded in 2016 by Dr. Sarit Tantiapichart, a renowned physician with over 18 years of experience in the field. The clinic offers a wide range of advanced aesthetic treatments and technologies, including Filler injections, Botox, and Picosure laser. Amarante Clinic has two branches in Bangkok, Ari and Bangna. The main branch is located in the heart of the city, making it easily accessible for both locals and tourists.

Dr. Sarit has nearly 20 years of experience in the aesthetic medicine industry, holding the position of Allergan Medical Institute Trainer, teaching Juvederm and Botox Filler programs from Allergan. He is also a KOL and speaker for EMFACE Thailand, and a trainer for Picosure laser from Cynosure (AESLA), making Amarante Clinic the first clinic in Thailand to become a Learning Center for Picosure laser.

He founded Amarante Clinic with a strong commitment and dedication to his work. He recognized the importance of patient care, focusing on safety and the best possible results with worldclass innovation and technology. He is committed to developing medical knowledge and treatments to provide effective and the best results for



Dr. Sarit Tantiapichart

patients. He also wants to create opportunities to drive Thailand to become a leader and center of the global beauty and cosmetic surgery industry, which has been Dr. Sarit's unwavering goal. This became the key starting point for Amarante Clinic.

He is a visionary leader in the field of aesthetic medicine. He believes that beauty is a complex and personal concept, and that each individual deserves to be seen and appreciated for their own unique beauty. Amarante Clinic is his embodiment of this vision, offering a wide range of treatments that are designed to enhance natural beauty and self-confidence.

This has been recognized by numerous awards, including: Top Allergan Aesthetics Valued Customer for 7 consecutive years (2016-2022), Excellent Aesthetics Valued Customer, Allergan Medical Institute Award of Appreciation AMI Faculty Thailand (2021-2022), Top User Of Picosure Focus Lens Array And Leading Pioneer in Thailand for 3 consecutive years (2020-2022)

He's always updating his skills by attending trainings. As a medical professor, he is responsible for developing and updating the knowledge and skills of his students. In 2024, Dr. Sarit plans to renovate and redesign the interior of Amarante Clinic to create a more welcoming and relaxing environment for his patients. He also plans to expand the clinic to reach a wider audience and created a clinic that is known for its exceptional results, personalized care, and positive experiences.

# LEADER AND ROLE MODEL **OF AESTHETIC MEDICINE CLINIC IN ASIA-PACIFIC**

### DR. SARIT TANTIAPICHART : AMARANTE CLINIC

In 2024, Dr. Sarit plans to renovate and redesign the interior of Amarante Clinic to create a more welcoming and relaxing environment for his patients. He also plans to expand the clinic to reach a wider audience.

For all of these reasons, Amarante Clinic has become a trusted and respected destination for beauty and cosmetic surgery in Thailand. Dr. Sarit's passion for his work, his commitment to excellence, and his dedication to his patients have created a clinic that is known for its exceptional results, personalized care, and positive experiences.

> Allergan Medical Institute

UNIQUE BEAUTY IS THE ESSENCE OF BEAUTY.

"

Diverse individuality is a key driver of beauty innovation. When we use fillers, Botox, or other treatments to correct and reshape the face, we must customize them for each individual and preserve their identity.



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## FILLER & BOTOX CLINIC OF THE YEAR IN THAILAND AMARANTE CLINIC

Amarante Clinic : Thailand's leading provider of Filler & Botox programs, akin to highlighting and shading

Amarante Clinic is Thailand's leading center for aesthetic medicine, specializing in Filler and Botox programs. Founded in 2016 by Dr.Sarit Tantiapichart, Amarante Clinic is not just a beauty clinic, but also a center of knowledge, tools, medical programs, and health information. It is also a prototype of an international health clinic that provides comprehensive beauty services.

In particular, the Filler and Botox programs are performed with the special techniques of the medical team at Amarante Clinic. Dr. Sarit, the founder of Amarante Clinic, is a highly skilled and experienced professional in the beauty industry for nearly 20 years. He holds the position of Allergan Medical Institute Trainer, where he teaches doctors the techniques of injecting Juvederm Filler and Botox (US), by Allergan. The clinic has a professional team of doctors and nurses who are bilingual, allowing Amarante Clinic to provide the best care for both Thai and international patients.

Amarante Clinic is guided by the belief that everyone has their unique beauty, and it's possible to improve oneself. The medical team can address patients' concerns and boost their confidence, whether it's through Filler, Botox injections, or any other program. Dr. Sarit has developed a unique injection technique called the 'Royal Lift,' which focuses on smoothness, giving a natural



Dr. Sarit Tantiapichart

look, and tightening the face to appear more youthful.

Amarante Clinic is a leader in facial contouring, with a focus on precise facial analysis to achieve the perfect results. Fillers are one of the key techniques used to fill and add volume to the face. Filler injections require both science and art. The key to achieving a beautiful, soft, and perfect facial contour is to consider both design and anatomical precision. Fillers can be compared to highlighting in makeup, which helps to create light and shadow or highlight and shading. This requires specific techniques and design to be tailored to the individual face.

The medical team at Amarante Clinic are committed to providing beauty education and advice to the general. They regularly give interviews to the media and on the clinic's online channels to ensure that people have access to the most accurate and helpful beauty information and always learning and improving his skills, staying up-to-date on the latest trends in Filler and Botox techniques.

Amarante Clinic is a trusted choice for celebrities and other public figures, and has been awarded numerous accolades, including Top Allergan Aesthetics Valued Customer, Excellent Aesthetics Valued Customer, Allergan Medical Institute Award of Appreciation AMI Faculty Thailand (2021-2022), and Top Filler Injections in Thailand for 7 years from Allergan etc.

# MEDICAL AESTHETIC CLINIC

MARANT



MARY

### **AMARANTE CLINIC : T 'HAILAND'S LEADING PROVIDER OF FILLER & BOTOX PROGRAMS**

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AMARANTE

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A EXCELLER

## Day C Night A Skincare Routine



ooks do matter. This is the first thing people notice by how you look, smile, etc. Having a glowing complexion not only helps to make a good lasting first impression but also boost one's self confidence.

A efficient skincare routine will help you to achieve a flawless skin,whereas a improper skincare routine such as excessive cleansing will strip off the natural skin barrier, causing the skin to dry and predispose the skin to fine line formation. Using products contains comedogenic ingredients may cause acne and therefore using the right products with an effective skin routine is crucial.

The use of vitamin C serum, ascorbic acid in the day and vitamin A serum, retinoid in the night can effectively help to target common skin problems as such pigmentation, acne and prolong skin from premature aging.

The topical use of vitamin C has been explored for many decades due to its antioxidant potential, whitening properties, and the essential role it plays in the synthesis and maintenance of collagen. Topical use of vitamin C helps to inhibit tyrosinase enzyme which is responsible for the formation of melanin or pigmentation, as a result less melanin is produced. It also helps to protect collagen loss by stimulating collagen synthesis and suppressing metalloproteinase which breaks down the collagen in the skin.

Using vitamin C serum before applying sunscreen during the day skincare routine helps to provide a

more effective sun protection as well as neutralising the free radical damage. However, vitamin C itself is an unstable ingredient which is prone to oxidation when exposed to air or light, therefore it is recommended to choose vitamin C serum that comes with opaque packaging as well as minimal air exposure packaging.

The highest concentration of vitamin C serum that can be found in the market contains about 20% of L- Ascorbic acid. A high concentration of vitamin C is associated with a higher risk of developing burning or redness during use, therefore it is recommended to use a hydration serum preceding the vitamin C application.

Retinoid is a term that refers to a group of compound that derives from vitamin A, including retinyl ester , retinol and retinaldehyde . The ingredients are arranged in a pattern of increasing potency as well as side effect.

During the initial exposure to topical retinoid, it is expected for the skin to develop purging, mild redness and peeling. This is a process of whereby retnoid triggers a chemical chain reaction that leads to an increase in collagen production, a decrease in melanin manufacture, and increased cellular turnover. As a result, skin appears smoother, firmer, even in skin tone, reducing the chances of acne outbreak. It is advisable to start on retinoid products that come with a lower concentration as little as 0.3% or use the retinol serum every other night in order to reduce the side effects during the initial phase of using retinoid products. Retinoid is not suitable for pregnant and breastfeeding individual. Application of retinoid can make your skin more sensitive to sunlight, so we should apply retinoid at night and application of sunscreen during the daytime is compulsory.

In this era where consumers are getting more conscience in the ingredients used in skincare products and the manufacturers often market their the products to be free from harmful ingredients in an attempt to promote them as "clean beauty". But it is almost certain that using vitamin C serum during the daytime and retinoids in the night will bring about many benefits for the skin in the long term.



**Dr Deon Chen MD** Aesthetic Physician MX Clinic Southkey Johor Bahru

**A efficient** skincare routine will help vou to achieve a flawless skin,whereas a improper skincare routine such as excessive cleansing will strip off the natural skin barrier, causing the skin to dry and predispose the skin to fine line formation.

## Succinic Acid: The New Kid On The Block For Pigmentary Disorders & Redermalization

The demand for aesthetic treatments continues to rise with the analysts reporting that advances in technology are a prime driver of the market growth. As we prepare to enter 2024, we know that the aesthetic medicine is definitely maintaining its upward trajectory. The holistic practice of aesthetic medicine is a combination of interpreting patient goals and skilfully tailoring a treatment approach to provide an optimal aesthetic outcome, and in the process, foster a trusting clinician-patient relationship. Understanding the demand will be the key point in achieving the expected outcome. Industry experts expect the wave to continue in 2024, making it an exciting time of technology advancements that will offer a wider range of treatment options and allow aesthetic practices to greatly expand and enhance their portfolios.

I have been introduced to ELECTRI early September this year by JLC Asia, an injectable product based on succinic acid and noncrosslinked hyaluronic designed for targeting periorbital hyperpigmentation and intensive skin restoration. Panda eyes especially in Asian darker skin types has always been a challenge for me as a clinician. Commencing peels, skin lightening agents or energy-based devices in the periorbital area has always been a concern to avoid paradoxical hyperpigmentation or post inflammatory hyperpigmentation that may worsen the existing condition. Before incorporating this new modality into my clinical armamentarium, even though I did a lot of research and read up, I was initially sceptical whether it will produce the promised results.

I started doing clinical case studies in patients with periorbital hyperpigmentation as subjects and my first subject was an Indian man who had coinciding malar melasma. I was totally awestruck with the result that was clinically visible with single session. Owing to the physiological concentration of high-molecular hyaluronic acid (0.55%), the papule disappeared within 4 hours, and this is definitely ideal for those who are ready for a first single-procedure skin rejuvenation without a long rehabilitation period. The subject completed 3 sessions 3 weeks apart and not only his pigmentation issue was tackled, he also had a clinically visible improvement of skin quality because of the regenerative potential delivered by succinic acid. In subsequent subjects, I noticed that when injected with the specific lymph draining technique, the product reduced the periorbital oedematous component by promoting lymphatic drainage and improved microcirculation.

Now what else can succinic acid do?

Succinic acid is a great multitasker. At its core, it provides energy for metabolic processes making it a great active ingredient in the skin booster. Its antimicrobial properties have been used for centuries in therapeutics. Recently, studies have highlighted its amazing properties in redermalization of the skin, and as an antioxidant, that could make this an ingredient generalist, right up there with the likes of retinol and ascorbic acid.

As mentioned, one of succinic acid's crowning glories is its antimicrobial properties working very effectively against cutibacterium acnes, one of the many potential causes of breakouts. Not only can succinic acid help suppress acnecausing bacteria, but it also helps remove sebum and dead skin in pores and skin crevices. It dissolves dead skin to accelerate the skin-clearing cycle and helps soothe acne-prone skin. Succinic acid also has a potent anti-inflammatory

effects. Thus it can help when combined with other treatments to alleviate inflammatory skin diseases like cystic acne, eczema, psoriasis and rosacea. We know that maintaining robust collagen production is a significant part of preventing an aging appearance. Succinic acid comes into play here as there are studies that have shown it inhibits the degradation of collagen. It helps to increase the energy production in skin cells and reduces stress in aged skin. Succinic acid aids in improving skin radiance, reviving tired skin. It can even, over time, help reduce the appearance of fine lines and wrinkles.

Another virtue of succinic acid is its hydrating properties as succinic acid works similarly to ceramides, a celebrated ingredient due to its moisture-locking qualities. The two are alike in that they're both structurally similar to the adipose cells in our skin, and thus they're both very effective at moisturizing. When combined with other products like hyaluronic acid (as in ELECTRI), you get synergistic hydrating results. Succinic acid has an excellent antioxidant properties. And due to this, it helps protect the skin against free radical damage which are the main contributing factors of skin inflammation and skin aging.

ELECTRI is definitely an exciting new innovation that is still very new to my clinical practice. I am yet to explore the endless possibilities that this product may deliver to my patient's expectations and clinical outcome. However, with the current trend of how the product is making an impact with my patients, I am very confident that over time, I will be able to share more clinical indications and techniques to battle not just pigmentary disorders but also redermalization and repair of the skin.



#### Dr UsHa Hoh

Dr Usha Hoh is the CEO, Senior Medical Director of MX Clinic and APAC Trainer & International Speaker for Merz Aesthetics in Malaysia.

## Unveiling the Myth Behind The Frozen Look of Botulinum Toxin



esotoxin, also known as micro-Botox or intradermal Botox is suitable for those who seek not a radical transformation, but a subtle change in overall skin quality improvement, skin lifting and facial rejuvenation.

To appreciate its elegance, it's crucial to delve into the workings of mesotoxin and how it distinguishes itself from its traditional counterpart.

What mesotoxin can offer :

By targeting the uppermost layers of the skin, mesotoxin subtly relaxes facial muscles without compromising mobility. At its essence, mesotoxin involves injecting diluted botulinum toxin type A (BONT-A) into the superficial layers of the skin. Unlike traditional botulinum toxin injection, which typically targets deeper muscle layers to reduce the appearance of wrinkles, mesotoxin takes a more delicate approach. The injection is administered evenly on the superficial layer of the face, addressing fine lines, open pores, and providing an overall dermal lifting effect of the skin.

By targeting the uppermost layers of the skin, mesotoxin subtly relaxes facial muscles without compromising mobility. This technique results in a more natural, softened appearance, allowing individuals to retain their expressive range while enjoying the benefits of a refreshed and revitalized complexion.

#### Distinguishing Features from Traditional Botulinum Toxin Type A injection:

- Depth of Injection:
  - Traditional toxin treatment typically involves injecting the neurotoxin into deeper facial muscles to temporarily paralyze them, reducing the appearance of dynamic wrinkles.
  - Mesobotox, on the other hand, focuses on the superficial layers of the skin, allowing for a

targeted treatment that improves skin texture and quality.

#### **Expression Preservation:**

 One of the standout features of mesobotox is its commitment to preserving natural expressions. By targeting surface-level muscles, it avoids the 'frozen' look often associated with traditional botulinum toxin injection, allowing for a more subtle and natural outcome.

#### Overall Skin Quality:

Mesobotox goes beyond wrinkle reduction; it contributes to improved skin quality by promoting collagen production and reducing pore size. This multifaceted approach adds a layer of radiance and texture refinement that distinguishes it from traditional Botox.

#### Tailored Precision:

 Mesobotox treatments are highly customizable, with practitioners strategically adjusting the dosage and injection sites based on individual facial anatomy. This personalized approach ensures a bespoke enhancement that complements each person's unique features.

It is crucial for patients to look for an experienced practitioner that has an intricate understanding of facial anatomy and the artistic finesse required for mesotoxin injections. In MX Clinic, you will be in capable hands of our experienced doctors to provide you with the best treatment.



#### Dr Hui Zhen

Dr Hui Zhen is an aesthetic doctor practicing in MX Clinic Taman Molek. With her keen sense of beauty and fine skills in injectables, she aims to help her patients enhance their beauty in the most natural looking way possible. Apart from medicine, Dr Hui Zhen loves exercising, particularly strength training, wall climbing, golf, basically anything that keeps her moving. She is a strong advocate that the definition of beauty is a combination of looking good and feeling healthy from within.

### "Radiant Beginnings: A Comprehensive Pre-Wedding Bridal Guide to Aesthetic Medicine Treatments"

our wedding day is a celebration of love, and as you embark on the journey to say "I do," it's only natural to want to look and feel your absolute best. In the quest for bridal radiance, consider this comprehensive pre-wedding guide to aesthetic medicine treatments, spanning from six months prior to one month before your big day.

#### 6 Months Before: Laying the Foundation for Glow

#### 1. Skincare Rituals:

Begin with the basics. Establish a consistent daily skincare routine that includes cleansing, toning, applying serum, moisturizing, and daily sunscreen. This foundation is crucial for achieving a healthy and radiant complexion on your wedding day.

#### 2. Laser Precision:

Address skin irregularities early. Treatments like Picolasers (Picosure) or yellow lasers (Pro Yellow) can help combat issues such as dull skin tone, acne bumps or scars. Starting now allows for multiple sessions at 3-4 week intervals, ensuring optimal results.

#### 3. Skin boosters:

Do consider some injectables to enhance skin quality too. Skin boosters with hyaluronic acid (HA) can provide hydration and radiance, while other options like Polynucleotides (PN)/ Polydeoxyribonucleotides (PDRN) tighten pores and improve skin texture. Begin these treatments in sessions, spaced 3-4 weeks apart, for lasting effects.

#### 4. Skin Tightening:

Nowadays, there are a lot of non-invasive skin tightening treatments with minimal to no downtime. Treatments such as Ultherapy, Thermage, Elite iQ 5D are few well known FDA treatments worldwide. These treatments target areas like the face,eye and neck. It stimulates own collagen production gradually over 2-3 months giving you natural results.

#### 5. Fat & body Contouring:

During wedding day, brides definitely wanna look as slim as possible to look stunning in their wedding dress. Start considering non-surgical fat reduction & body contouring treatments like Cryolipolysis(Coolsculpting) for areas like the abdomen, hips, thighs, and upper arms.

#### 3 Months Before: Adding Volume and Refinement

#### **1. Volumizing Fillers:**

Dermal fillers (Juvederm/Belotero) may able to restore volume and enhance facial contouring instantly. Plan a treatment schedule to provide foundation volume over the cheeks, followed by lift and contour in areas like the temples, jawline, and chin.

#### 2. Wrinkle Softening:

Botulinum toxin injections are a good way to address



dynamic wrinkles on the forehead, between the eyebrows, and crow's feet. It aims to softens and smooths out lines, giving a more refreshed and youthful appearance during your wedding.

#### 3. Microneedling for Skin Refinement:

As your wedding date approaches, consider few session of Sylfirm X/Potenza for fine-tuning. This treatment can provide additional radiance and refinement. It is renowned for its ability to minimize pores and reduce redness through microneedling+radiofrequency technology.

#### **1 Month Before: The Final Touches**

#### 1. Laser Touch-Ups:

Avoid more intensive treatments to prevent potential downtime and side effects thus laser treatments are highly recommended during this period. Facial lasers helps in further increasing of skin brightness and glow.

#### 2. Hydrating Facials:

Indulge in last-minute hydrating facials. These treatments, with no downtime, exfoliate, hydrate, and nourish the skin, providing a refreshed and glowing look just in time for the big day.

As you count down to your wedding day, this pre-wedding bridal guide to aesthetic treatments ensures a step-by-step approach to achieving that radiant and natural beauty every bride deserves. Remember, the key is to start early, allowing ample time for treatments to work their magic and unveil the most beautiful version of yourself on your special day.



#### Dr Paul Loh from MX clinic

He believes that through aesthetic medicine everyone deserves a fair chance to enhance their appearance while achieving a higher confidence and self esteem level.

### Best Aesthetic Clinic of the Year in Myanmar Doctor A Beyond Luxury Aesthetique



Dr. Aung Thiha has established himself as a prominent aesthetic doctor, with an illustrious career spanning over a decade. Starting his journey in 2013, Dr. Aung Thiha gained valuable experience working at the esteemed Wuttisak clinic group in Thailand, specifically at their Laos branch. After honing his skills there for nearly a year, he returned to Myanmar and dedicated himself to a local aesthetic clinic for four years.

Driven by a passion for excellence, Dr. Aung Thiha embarked on a quest to enhance his expertise by undergoing specialized training in Korea. He mastered the art of liposuction and underwent advanced thread lift training, solidifying his position as an exceptional aesthetic doctor. In February 2019, the culmination of his hard work and dedication came to fruition when he founded his own clinic.

Dr. Aung Thiha's clinic commenced operations by offering procedures such as Q-switched, long pulsed Nd:YAG, and Hifu, alongside other treatments including Botox, fillers, and thread lifting. As the years progressed, the demand for his services skyrocketed, prompting him to relocate his clinic to a sprawling four-story building in November 2022. Today, it stands as the largest and most luxurious aesthetics destination in Myanmar.

Continually striving for improvement, Dr. Aung Thiha has consistently upskilled himself through participation in aesthetic medicine professional diploma courses offered by the European International University and Aesthetic Academy Asia. He has also pursued numerous certificate and diploma courses in Korea, Thailand, and Malaysia. This unwavering commitment to continuous learning ensures that his clinic stays at the forefront of the industry.

As testament to Dr. Aung Thiha's excellence, his clinic has earned the trust of renowned celebrities and stands as a leading establishment throughout the country. Blending luxury and proficiency, his team diligently provides a wide range of aesthetic procedures, excluding cosmetic surgery. From state-of-the-art machines to a well-trained staff, Dr. Aung Thiha's clinic prides itself on delivering exceptional services. At the heart of his clinic's success lie its outstanding services, including lasers, cool-sculpting, Hifu, Botox, and fillers. Dr. Aung Thiha ensures his customers receive the finest laser treatments by offering an extensive range of lasers, including Q-switched, long pulsed Nd:YAG, pico laser, and fractional Er:YAG. All laser machines utilized are sourced from the prestigious Lutronic brand.

For cool-sculpting, Dr. Aung Thiha relies on the cutting-edge technology of Cooltech. With the increasing demand for this procedure, he now operates two machines, with another on the way. Keeping abreast of industry advancements, Dr. Aung Thiha utilizes top-quality Botox and filler brands from the USA and Korea to achieve optimal results for his patients.

Beyond these exceptional services, the clinic also offers a myriad of treatments, such as facial treatments, thread lifting, PRP therapy, and more. Dr. Aung Thiha's commitment to excellence guarantees that every individual receives personalized, meticulous care.

In conclusion, Dr. Aung Thiha's clinic has solidified its reputation as the Best Aesthetic Clinic of the Year in Myanmar. With a focus on utmost luxury and unparalleled expertise, Dr. Aung Thiha and his dedicated team ensure that every patient receives outstanding care and achieves their aesthetic goals. It is through consistent improvement and a steadfast commitment to advancement that Dr. Aung Thiha continues to raise the bar in aesthetic medicine.

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